

# 2026 Tour of East Taiwan

## Hualien 200 Adventure

2026 "The 26th Tour of East Taiwan International Cycling Race & 365 Challenge" , continuing the event's spirit of "To participate is braves, to complete is hero." will add 200km and 100km exploration routes. The Tour of East Taiwan has witnessed the growth of cycling sport in Taiwan and holds many unforgettable memories! The new 200km and 100km routes of the Tour of East Taiwan 365 will ride deep into the Hualien area to visit different charms of Hualien, carry on the environmental awareness and carbon reduction principles of the "Tour of East Taiwan 365 World Earth Day" campaign, also the best way to promote healthy exercise and environmental protection!

**Superior director:** Ministry of Sport, Hualien County Government, Chinese Taipei Olympic Committee

**Organizers:** Taiwan Cyclist Federation, Hualien County Sports Association

**Co-organizers:** Hualien County Sports Association Cycling Committee, Taitung County Sports Association Cycling Committee

**Local Co-organizers:** Traffic Police Department of Hualien County Government, Hualien City Government, Ji'an Township Government, Shoufeng Township Government, Fengbin Township Government, Fuli Township Government, Yuli Township Government, Ruisui Township Government, Guangfu Township Government, Fenglin Township Government, East Rift Valley National Scenic Area Administration, Antong Hot Spring Hotel, New Australia Hot Spring Resort

**Date :** 2026/4/11-12 ( Sat. -Sun. )

**Registration :** 4/10 ( Fri. ) 13 : 00-18 : 00 Get event goods/ Hualien New Paradise Park Lot

**Pre event meeting :** 4/10 ( Fri. ) 16 : 00 Hualien New Paradise Parking Lot

Event schedule:

**4/11 (Sat.) Hualien City-Antong Hot Spring Hotel, Huadong Coast Highway (No. 11 Highway), Yu Chang Highway (No. 30 Highway) about 105 kilometers, time limit 11 hours**

05:30 Checked baggage drop-off / Hualien New Paradise Parking Lot / Truck

06:30 Departure / Split departures

11:00 Lunch / Bashian Cave Binhai Restaurant – Add: No. 1-9 Jellyfish Ding, Sanjian Village, Changbin

Township, Taitung

13:00 Finish/Finish Medal, Baggage Claim. Check in hotels around Yu Li or An-Tong Hot Spring. Closed at 17:00

**4/12 (Sun.) An-Tong Hot Spring Hotel-Hualien City, Yu Chang Highway (No. 30 Highway), Huadong Coast Highway (No. 11 Highway), about 105 kilometers, time limit 11 hours**

08:30 Drop off your checked luggage – Antong Hot Spring Hotel/Truck

09:00 Departure/After “Tour of East Taiwan” racing group passed.

10:30 Lunch / 7-11 King Kong Store - No. 581, Changbin Township, Taitung County

15:00 Finish / Finish Medal, Baggage Claim - Hualien New Paradise Plaza. Closed at 17:00

**Route:**

4/11: Hualien New Paradise Parking Lot → cross the Hualien Bridge and left turn to release → No. 11 Highway → Nioshan → Jichi → Fongbin → Changbin → No. 30 Highway → An-Tong Hot Spring Hotel / Destination, about 105 km.

4/12: An-Tong Hot Spring Hotel → No. 30 Highway → No. 11 Highway → Changbin → Fongbin → Jichi → Nioshan → Hualien New Paradise Parking Lot / Finish, about 105 kilometers.

**Eligibility:** Those who enjoy the beautiful scenery of cycling in Hualien and Taitung and are capable of long-distance cycling are advised to form a team of 2 or more to participate.

**Adventure grouping:** Men's group/women's group will be automatically divided according to age, please be sure to fill in the correct date of birth when registering.

M 15 group/male 15-19 years old, born in 2007-2011

M 20 group/Male 20-24 years old, born in 2002-2006

M 25 group/Male 25-29 years old, born in 1997-2001

M 30 group/Male 30-34 years old, born in 1992-1996

M 35 group/Male 35-39 years old, born in 1987-1991

M 40 group/male 40-44 years old, born in 1982-1986

M 45 group/Male 45-49 years old, born in 1977-1981

M 50 group/Male 50-54 years old, born in 1972-1976

M 55 group/Male 55-59 years old, born in 1967-1971

M 60 group/Male over 60 years old, born before 1966

W 35 group/female under 35 years old, born in the Republic of China 79-98 (inclusive) (1991-2010)

W 36 group/female 36 years old or older, born before 1990

Electric Power added bike Group: Restricted electric assisted bicycles, regardless of gender and age, please check the box when registering for this group.

**Registration:** Please register on our website [www.cyclist.org.tw](http://www.cyclist.org.tw); registration is open from now until March 25th or until all slots are filled.

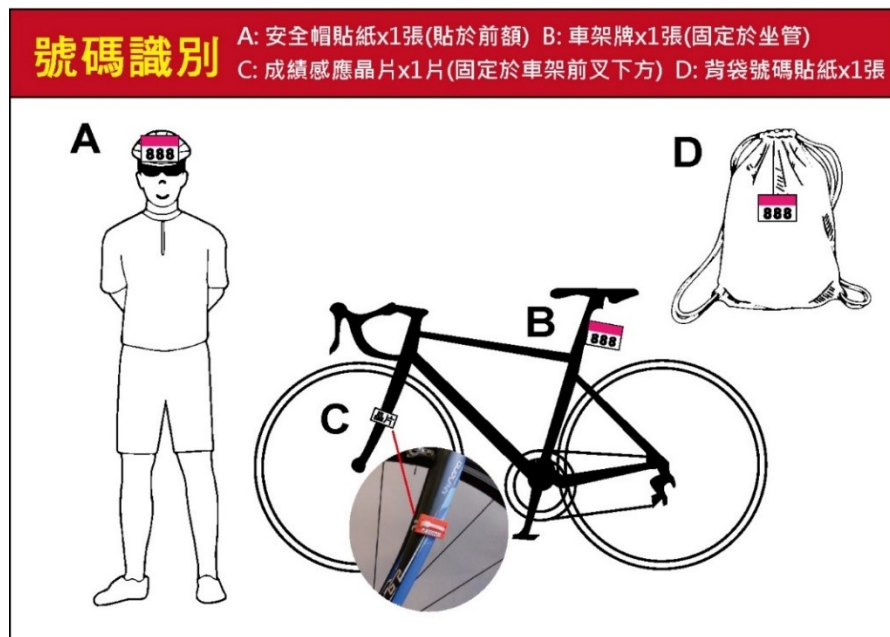
Item	Options	expenses	Inclusions
1	Hualien 200 Adventure Registration Fee	2,500 NTD	Commemorative T-shirt, souvenir, number sticker, number frame plate, number luggage sticker, timing, two completion medals, electronic completion certificate, aid station, two lunches, insurance.
2	Booking service for Hualien Fullon Hotel	2,500 NTD 4,100 NTD	Double room (two single beds)/breakfast box included. Quadruple room (two medium beds)/breakfast box included.
3	Booking service for Hualien Lixuan Hotel	2,400 NTD 3,000 NTD 3,600 NTD	Double room (two single beds)/breakfast box included Triple room (three single beds)/breakfast box included Quadruple room (two double beds)/breakfast box included
4	Booking service for Taiwan Railway event special train seat	1,500 NTD per person	April 10th Taipei Songshan - Hualien, April 12th Hualien - Songshan. Train schedules Taipei(Songshan) - Hualien 09:20 - 12:02   NO.6342 Hualien – Songshan 18:10 - 21:02   NO.6335

**Award:**

1. All participants will receive a commemorative medal at the finish line on both days.
2. A two-day electronic completion certificate can be downloaded from the website after the event.

### **Participation Notes:**

1. Participants participate in bicycle challenges and events organized by the Cyclists Association at their own will
2. The official hotel for the event – Antong Hot Spring Hotel. Cyclists traveling around Hualien and Taitung can enjoy discounts when booking their Antong Hot Spring accommodation! Please call for inquiries about Antong Hot Spring Hotel. <http://www.an-tong.com.tw/zh-tw>
3. In this event, there is also a Tour of East Taiwan Bicycle Race and Tour of East Taiwan 365 and 100 Challenge, which welcomes relatives and friends to participate.
4. The participant has reviewed the relevant information and participation instructions provided by the organizer for this challenge, the event, and understands the relevant reminders and precautions, and has no objection.
5. Please note that the list of participants and pre-departure precautions will be announced on our website and Facebook before the event.
6. Please participate according to your personal strength and health condition, and if you feel unwell, please go to a safe place on the side of the road to rest, and do not exceed your personal physical load.
7. Baggage drop-off: Please bring the necessary items with your checked baggage and be sure to affix the baggage number sticker for easy identification.
8. Please do not bring hard-shell bicycle cases and large suitcases, please leave large luggage at Hotel in Hualien and pick it up after the event.
9. When riding downhill, be sure to slow down and prohibit overtaking to be safe.
10. The road is marked with markings, which may be slippery in case of rain and cause riding danger, so please do not ride on the markings for safety.
11. Please install headlights and taillights for long-distance bicycle riding, and please wear a helmet and appropriate clothing and pants during the whole journey.
12. The kettle must be made for bicycles, in order to prevent the water bottle from falling during the journey and affecting the safety of riders behind you, please be sure to check and adjust the water bottle cage before you go to keep the water bottle securely placed.
13. Before the activity, please be sure to check that the bicycle parts are assembled firmly and the tire pressure is appropriate, maintain the best condition of the bicycle for safety.
14. The chip and identification sticker are installed as follows:



15. Participants are required to bring their own inner tubes and simple maintenance tools for tire replacement and troubleshooting.
16. This activity is a non-competitive challenge activity, there is no traffic control in the activity, and some sections of the road are guided by staff and traffic control. Please be sure to follow the guidance of the staff and follow the traffic rules, and rides on the side to ensure safe riding.
17. Bicycles are considered as low speeds vehicles in traffic regulations, so if you do not obey the traffic signals, you will be ticketed. Violators will be found and their results will be cancelled and they will be banned from registering for this event in the future.
18. This bicycle challenge and activity is difficult, and participants should pay attention to their physical health and consider the risks that may arise from participating in the race and activity. If you have high blood pressure, cardiovascular disease, heart disease, diabetes, epilepsy, asthma, etc., or other diseases that are not suitable for intense exercise, you are not allowed to participate in this challenge or activity (participants are requested to judge whether they have symptoms or not, and if they still insist on participating in the competition, the organizer will not be liable for any accidents caused by them).
19. It is inevitable that a participant will fall or collide during the challenge, and the organizer will not be liable for any compensation other than insurance for such accidents.
20. This activity is insured with 5 million NTD of public accident liability insurance in accordance with the relevant regulations of the Ministry of the Interior. The "Public Accident Liability Insurance" only covers claims for accidental injuries caused by the liability of the General Assembly. If participants have a history of various diseases, please assess their own safety and do not participate. If you consider that the insurance coverage is insufficient, please take out other valid personal insurance by yourself. For the coverage of "Public Accident Liability Insurance", please

refer to the "Appendix". The maximum claim amount of this activity insurance is the amount borne by the policy, and the organizer will not provide the claim amount other than the policy claim amount. If you cannot agree to the insurance coverage, items and amount in the insurance content, please apply for personal accident insurance by yourself. If the same insured person intensively applies to two companies (including life insurance) within three months for the same insurance period (including all or part of the overlapping insurance period) and the total amount of death and disability insurance reaches more than 15 million NTD, please apply for insurance by yourself.

21. According to the provisions of the Insurance Act, a life insurance or injury insurance policy taken out by a minor under the age of 15 for the insured cannot include a death benefit. Only the limit of medical insurance is 60,000 NTD.
22. The personal information filled in the registration is true, and all the consequences caused by the incorrect information will be borne by the participant. The organizer collects, processes and uses the personal data of applicants in accordance with the provisions of the Personal Information Protection Act.
23. Please bring your health insurance card with you. Injured persons during the activity are required to seek medical attention on the same day and obtain a hospital diagnosis certificate and receipt for insurance claims.
24. The organizer has the right to broadcast the video, photos and results of this event around the world, and announce, exhibit and log in to the website and publications.
25. The staff of the event conference has the right to suspend or suspend the activities of the participants according to their physical condition and road safety, and the participants shall not object.
26. In case of extreme weather or other natural disasters or incidents, the organizer has the right to decide whether to cancel or postpone or change to other alternative routes and methods for safety reasons. The Participant agrees that the organizer will dispose of the situation in the best interest of the participants. If the registration is cancelled due to this derivation, the organizer will refund the fee after deducting the relevant fees incurred.
27. All participants are asked to be environmentally friendly and tidy – no littering.
28. If there are any matters not covered in these regulations or any changes, they may be amended at any time.

Contact : Taiwan Cyclist Federation, Tel: 02-8919-3595/ 0928-025-778, Line: @730qmryb

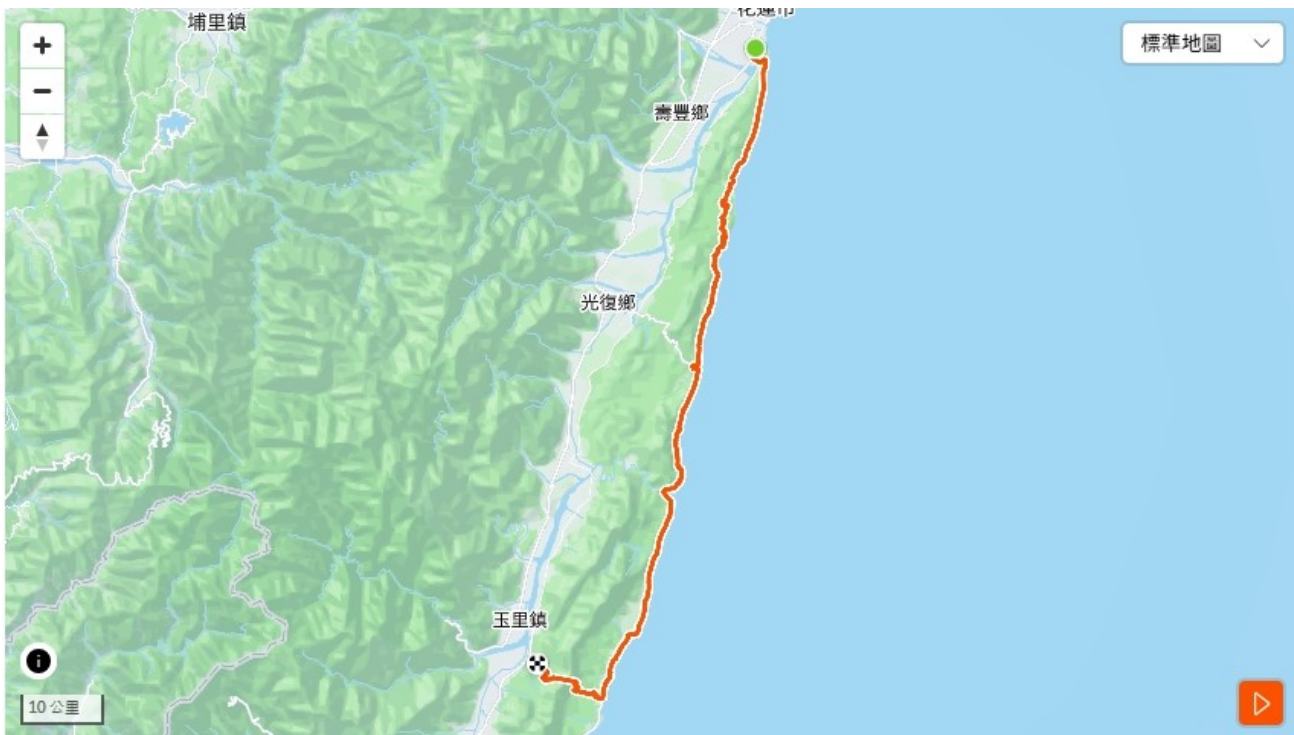
Web: [www.cyclist.org.tw](http://www.cyclist.org.tw) / E-Mail : [service@cyclist.org.tw](mailto:service@cyclist.org.tw)

Feed Zone :

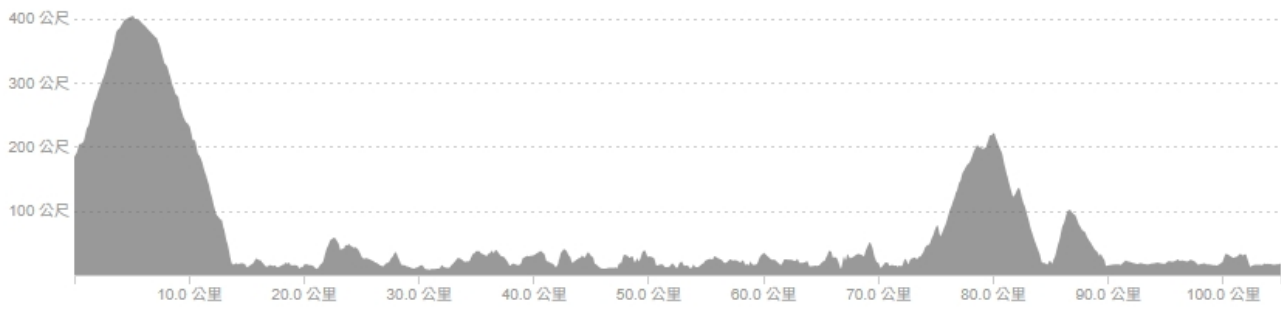
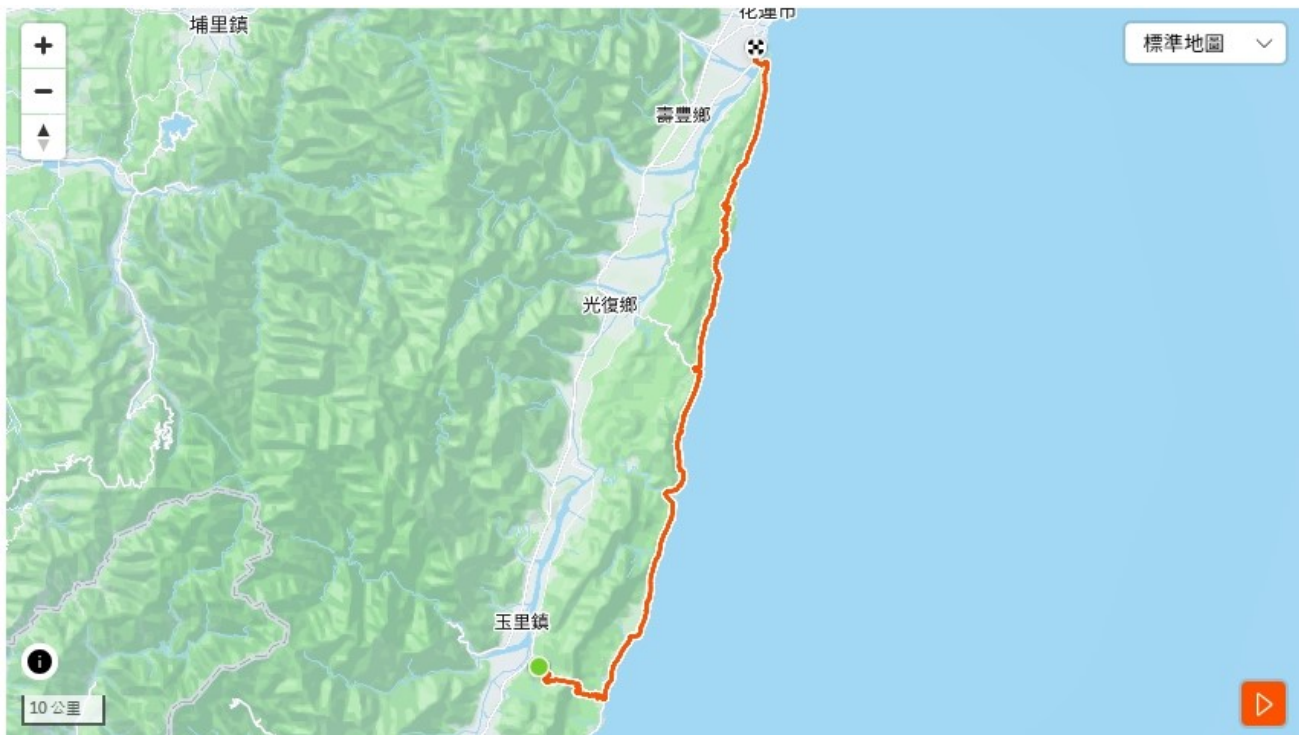
Date	Zone	Location	Mile Stone	Mileage
4/11(Sat.)	No. 1	Jichi Beach	No. 11 Highway - 37K	37K
	No. 2	Bashiandon Parking Lot, Beach Restaurant/Lunch	No.11 Highway - 77K	76K
4/12(Sun.)	No. 1	7-ELEVEN King Kong store	No. 11 Highway - 84.6K	24.6K
	No. 2	Shitiping Recreation Area Parking Lot	No. 11 Highway - 63K	45.4K
	No. 3	Fanshuliao Rest Area	No. 11 Highway - 34K	79.5K

Route Map & Profile :

Day 1



## Day 2



Event Gift: Commemorative T-shirt (Illustrative image for reference only);

Same style available for purchase at an additional cost of 350 NTD.



合身 圓領衫	胸圍		身長		適用範圍	
	英吋	公分	英吋	公分	身高	體重
XS	18	45.7	26	66.0	150~158	40~50
S	19	48.3	27	68.6	155~162	50~60
M	20	50.8	28	71.1	160~167	60~70
L	21	53.3	29	73.7	165~172	70~80
XL	22	55.9	29.5	74.9	170~177	80~90
2XL	23	58.4	30	76.2	175~182	90~100
3XL	24	61.0	30	76.2	180~	100~
	腋下平量		肩點直量		建議參考	



\* Inch/Cm

\* Height(cm)/Weight(kg)

Finish Medal illustration (for reference only)

