

2025 Tour of East Taiwan Cycling Challenge

This year is the 25th anniversary of "Tour of East Taiwan Cycling Challenge" since 2001. With the original intention of promoting the cycling sports and is scheduled to be held around 4.22 "The Earth Day", in order to raise the environmental awareness through cycling activity. The slogan is: "To participate is the brave, to complete is the hero" as the spirit of this activity. Let us witness the growth history of Taiwan's cycling together in the 25th session of "Tour of East Taiwan", and we will jointly create the most unforgettable memories of our cycling career! "Tour of East Taiwan" let us once again write a legendary story and inherit the best field of "Tour of East Taiwan" to care for the environment and start the challenge effort!

Superior director: Sports Administration of the Ministry of Education, Hualien County Government, Chinese Olympic Committee

Organizers: Taiwan Cyclist Federation, Hualien County Sports Association

Co-organizers: Hualien County Sports Association Cycling Committee, Taitung County Sports Association Cycling Committee

Co-organizers: Traffic Police Team of Hualien County Government Police Department, Hualien City Office, Ji'an Township Office, Shoufeng Township Office, Fengbin Township Office, Fuli Township Office, Yuli Town Office, Ruisui Township Office, Guangfu Township Office, Fenglin Town Office, Taitung County Government Police Department Traffic Police Team, Taitung City Office, Changbin Township Office, Chenggong Town Office, Donghe Township Office, Luye Township Office, Guanshan Town Office, Chishang Township Office, East Coast National Scenic Area Management Office, Huadong Rift Valley Scenic Area Management Office, Hualien Meilun Hotel, Taidong Naluwan Hotel

Date : 2025/4/11-13 (Fri. -Sun.)

Registration : 4/11 (Fri.) 13 : 00-18 : 00 Get event goods/花蓮太平洋公園

Pre event meeting : 4/11 (Fri.) 17 : 00 花蓮太平洋公園

Event schedule:

4/12 Hualien-Taitung, Huadong Coast Highway (No. 11 Highway), about 170 kilometers, time limit 11 hours

05:00 Checked baggage drop-off / Hualien Pacific Park / Big truck

06:10 Departure / Split departures, each interval is 5 minutes / Timing started: After the Hualien bridge.
10:00 Lunch / Baxian Cave Binhai Restaurant – Add: No. 1-9 Jellyfish Ding, Sanjian Village, Changbin Township, Taitung
13:00 Finish/Finish Medal, Baggage Claim – Taidon Naruwan Hotel. Closes at 17:00

4/13 Taitung-Hualien, Huadong Taiwan No. 9 Highway, about 170 kilometers, time limit 11 hours

05:00 Drop off your checked luggage - Naluwan Hotel/Big Truck

06:10 Departure/Split departures, each interval is 5 minutes. Timing started / After No. 9B highway left turn join No. 9 highway, FamilyMart convenience store.

10:00 Lunch / Guangfeng District Farmers' Association – Add: No. 193, Zhonghua Road, Guangfu Township, Hualien County

13:00 Finish / Finish Medal, Baggage Claim - **Hualien Pacific Park**. Closes at 17:00

Route:

4/12: Hualien Pacific Park → cross the Hualien Bridge and turn left to release → Tai Line 11→ Niushan → Isozaki → Successful → have all experienced →Taitung → Naruwan Hotel / Destination, about 170 km.

4/13: Naluwan Hotel→ Luye → Guanshan → Line 20 / Chulai Bridge → Chishang → Fuli → 193 → Mizuho → Guangfu → Fenglin → Turn Right 11 C→ **Hualien Pacific Park** / Finish, about 170 kilometers.

Eligibility: Those who have the experience of riding a bicycle for more than 100 kilometers in a single day and long-distance riding are recommended to form a team of more than 2 people to sign up.

Challenge grouping: Men's group/women's group will be automatically divided according to age, please be sure to fill in the correct date of birth when [registering](#).

M 15 group/male 15-19 years old, born in 95-99 years (inclusive) of the Republic of China (2006-2010)

M 20 group/Male 20-24 years old, born in 90-94 years (inclusive) of the Republic of China (2001-2005)

M 25 group/Male 25-29 years old, born in 85-89 years (inclusive) of the Republic of China (1996-2000)

M 30 group/Male 30-34 years old, born in 80-84 years (inclusive) of the Republic of China (1991-1995)

M 35 group/Male 35-39 years old, born in the Republic of China 75-79 years (inclusive) (1986-1990)

M 40 group/male 40-44 years old, born in the Republic of China 70-74 years (inclusive) (1981-1985)

M 45 group/Male 45-49 years old, born in 65-69 years (inclusive) of the Republic of China (1976-1980)

M 50 group/Male 50-54 years old, born in the Republic of China 60-64 years (inclusive) (1971-1975)

M 55 group/Male 55-59 years old, born in 55-59 years of the Republic of China (inclusive) (1966-1970)

M 60 group/Male over 60 years old, born before the 54th year of the Republic of China (inclusive) (~1965)

W 35 group/female under 35 years old, born in the Republic of China 79-98 (inclusive) (1990-2009)

W 36 group/female 36 years old or older, born before the 78th year of the Republic of China (~1989)

Electric Auxiliary Vehicle Group: Restricted electric assisted bicycles, regardless of gender and age, please check the box when registering for this group.

Registration fee: Pay a chip deposit of 500 NTD at the time of registration, and return the chip deposit of 500 yuan at the end of the line.

Item	Options	expenses	Inclusions
1	Tour of East Taiwa registration fee	2,500 NTD	Souvenir shirt, souvenir, number sticker, number frame plate, number luggage sticker, chip timing, 2 completion medals, electronic completion certificate, supply station, 2nd lunch, insurance.
2	Tour of East Taiean Registration Fee+ Classic commemorative livery set	4,300 NTD	The market price of Huanhuadong commemorative car clothing is 2,500 yuan. Huanhua East registration - materials as above

Booking service:

1. Book 4/11 Hualien accommodation, 4/12 Taiton Naruwan series accommodation hotels have buffet breakfast and dinner.
2. Book a special train for the Taipei-Hualien Conference, people + bicycles, and depart from Songshan Railway Station in the morning.

※However, if you are unable to get out of the bus due to scheduling, it will be registered as a tour bus connection.

3. Tour of East Taiwan commemorative shirt, commemorative cycling jacket. and other related souvenirs.

Register : Please visit / www.cyclist.org.tw / From now till Mar/10 or while quota was full.

Award:

1. Participants will receive a commemorative medal for completion at the finish line of the two days.
2. After the event, download the 2-day electronic certificate of completion from the website.

Participation Notes:

1. Participants participate in bicycle challenges and events organized by the Cyclists Association at their own discretion.
2. In this event, there is also a Tour of East Taiwan Bicycle Race and Tour of East Taiwan 160 Challenge, which welcomes relatives and friends to participate.
3. The participant has reviewed the relevant information and participation instructions provided by the organizer for this challenge, the event, and understands the relevant reminders and precautions, and has no objection.
4. Please note that the list of participants and pre-departure precautions will be announced on our website and Facebook before the event.
5. Please participate according to your personal strength and health condition, and if you feel unwell, please go to a safe place on the side of the road to rest, and do not exceed your personal physical load.
6. Baggage drop-off:
Please bring the necessary items with your checked baggage and be sure to affix the baggage number sticker for easy identification.
7. Please do not bring hard-shell bicycle cases and large suitcases, please leave large luggage at Hualien Hotel and pick it up after the event.
8. Carry-on baggage check-in time/location:

	4/12(Sat)		4/13 (Sun)	
	Time	place	Time	place
	05 : 00-05 : 50	Hualien Pacific Park	05 : 00-05 : 50	Taidon Naruwan Hotel
Receive	13 : 00-17 : 00	Taidon Naruwan Hotel	13 : 00-17 : 00	Hualien Pacific Park

9. When riding downhill, be sure to slow down and prohibit overtaking to be safe.
10. The road is marked with markings, which may be slippery in case of rain and cause riding danger, so please do not ride on the markings for safety.
11. Please install headlights and tail lights for long-distance bicycle riding, and please wear a helmet and appropriate clothing and pants during the whole journey.
12. The kettle must be made for bicycles. In order to prevent the water bottle from falling during the journey and affecting the safety of riders behind you, please be sure to check and adjust the water bottle cage before you go to keep the water bottle securely placed.
13. Before the activity, please be sure to check that the bicycle parts are assembled firmly and the

tire pressure is appropriate, so as to maintain the best condition of the bicycle to maintain safety.

14. The chip and identification sticker are installed as follows:



15. Participants are required to bring their own inner tubes and simple maintenance tools for tire replacement and troubleshooting.
16. This activity is a non-competitive challenge activity, there is no traffic control in the activity, and some sections of the road are guided by staff and traffic control. Please be sure to follow the guidance of the staff and follow the traffic rules, and go to the side to ensure safe riding.
17. Bicycles are considered to be slow vehicles in traffic regulations, so if you do not obey the traffic signals, you will be ticketed. Violators will be found to be true and their results will be cancelled and they will be banned from registering for this event in the future.
18. This bicycle challenge and activity is difficult, and participants should pay attention to their physical health and consider the risks that may arise from participating in the race and activity. If you have high blood pressure, cardiovascular disease, heart disease, diabetes, epilepsy, asthma, etc., or other diseases that are not suitable for intense exercise, you are not allowed to participate in this challenge or activity (participants are requested to judge whether they have symptoms or not, and if they still insist on participating in the competition, the organizer will not be liable for any accidents caused by them).
19. It is inevitable that a participant will fall or collide during the challenge, and the organizer will not be liable for any compensation other than insurance for such accidents.
20. This activity is insured with 5 million yuan of public accident liability insurance in accordance with the relevant regulations of the Ministry of the Interior. The "Public Accident Liability Insurance" only covers claims for accidental injuries caused by the liability of the General Assembly. If participants have a history of various diseases, please assess their own safety and

do not participate. If you consider that the insurance coverage is insufficient, please take out other valid personal insurance by yourself. For the coverage of "Public Accident Liability Insurance", please refer to the "Appendix". The maximum claim amount of this activity insurance is the amount borne by the policy, and the organizer will not provide the claim amount in excess of the policy claim amount. If you cannot agree to the insurance coverage, items and amount in the insurance content, please apply for personal accident insurance by yourself. If the same insured person intensively applies to two companies (including life insurance) within three months for the same insurance period (including all or part of the overlapping insurance period) and the total amount of death and disability insurance reaches more than 15 million yuan, please apply for insurance by yourself.

21. According to the provisions of the Insurance Act, a life insurance or injury insurance policy taken out by a minor under the age of 15 for the insured cannot include a death benefit. Only the limit of medical insurance is 60,000 yuan.
22. The personal information filled in the registration is true, and all the consequences caused by the incorrect information will be borne by the participant. The Organiser collects, processes and uses the personal data of applicants in accordance with the provisions of the Personal Information Protection Act.
23. Please bring your health insurance card with you. Injured persons during the activity are required to seek medical attention on the same day and obtain a hospital diagnosis certificate and receipt for insurance claims.
24. The organizer has the right to broadcast the video, photos and results of this event around the world, and announce, exhibit and log in to the website and publications.
25. The staff of the conference has the right to suspend or suspend the activities of the participants according to their physical condition and road safety, and the participants shall not object.
26. In case of typhoon or other force majeure natural disasters or incidents, the Organiser has the right to decide whether to cancel or postpone or change to other alternative routes and methods for safety reasons. The Participant agrees that the Organiser will dispose of the situation in the best interest of the Participant. If the registration is cancelled due to this derivation, the organizer will refund the fee after deducting the relevant fees incurred.
27. All participants are asked to be environmentally friendly and tidy – no littering.
28. If there are any matters not covered in these regulations or any changes, they may be amended at any time.

Contact : Taiwan Cyclist Federation, Tel: 02-8919-3595/ 0928-025-778, Line: @730qmryb

Web: www.cyclist.org.tw / E-Mail : service@cyclist.org.tw

Schedule of supply stations

4/12 (Saturday) Hualien/Pacific Park - Taitung/Naruwan Hotel 170K							
Departure time	Replenishment locations	Location points	Mileage	Altitude	Expected to be in the first place time of arrival	Closing time	Split mileage
AM05:00 AM	Hualien Pacific Park	Baggage drop-off/warm-up	--	--	--	--	--
AM06:00 AM	Hualien Pacific Park	The first echelon departs	0k	--	--	--	--
	1- Isobi Beach	No. 11 highway - 37K	37k	24m	AM07:00 AM	08:30	39k
	2- Next to the parking lot of Baxian Cave Beachfront restaurant/lunch	No. 11 highway - 77K	76k	16m	AM09:00 AM	11:00	40k
	3- Chong'an Activity Center	No. 11 highway - 103K	101k	30m	AM10:00 AM	12 : 30	26k
	4- Fu'an Hall of the Gun	No. 11 highway - 151K	149k	54m	PM11 : 30	16 : 00	47k
	Taidon Naruwan Hotel	Complete medals	166k	69m	PM12 : 30	17 : 00	20k
Total mileage: 170 km			The ride lasts about 7-11 hours				

4/13 (Sunday) Taitung/Naruwan Hotel - Hualien/Pacific Park 170KM							
Departure time	Replenishment locations	Location points	Mileage	Altitude	Expected to be in the first place time of arrival	Closing time	Split mileage

AM05:00 AM	Taidon Naruwan Hotel	Baggage drop- off/warm- up	--	--	--	--	--
AM06:00 AM	Taidon Naruwan Hotel	The first echelon departs	0k	--	--	--	--
	1-Taitung Luye Villagers Congress/opposite	Taiwan 9 line - 333K+800	25k	151	06:50 m	07:40	25k
	2- Hualien County Fuli Township Peasant Association	Taiwan 9 line - 295K+300	69k	273	08:00	09:30	39k
	3- Ruili gas station	Taiwan 9 line - 253K+800	112k	153	09:30	11:40	36k
	4- Gwangphong Area Farmers' Association / Lunch	Taiwan 9 line - 235K	130k	125	10:30	13 : 30	23k
	5- Fu Tak Temple Land Temple	Taiwan 11 C - 16.5K	151k	157	11 : 30	15 : 00	23k
	Hualien Pacific Park	Complete medals	173k	24	12 : 30	17 : 00	23k
Total mileage: 170 km			The ride lasts about 7-11 hours				

Route of the challenge group

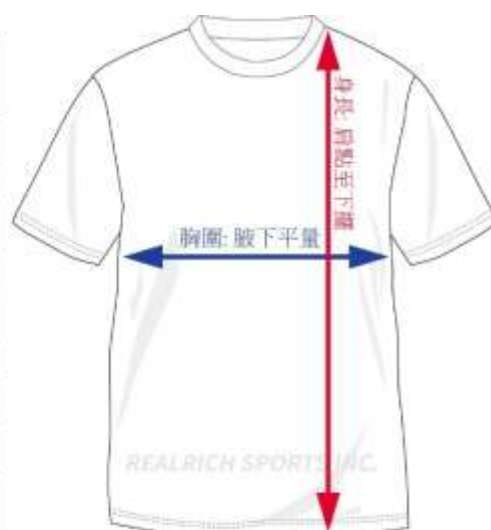


Event giveaway: Schematic diagram of commemorative shirts

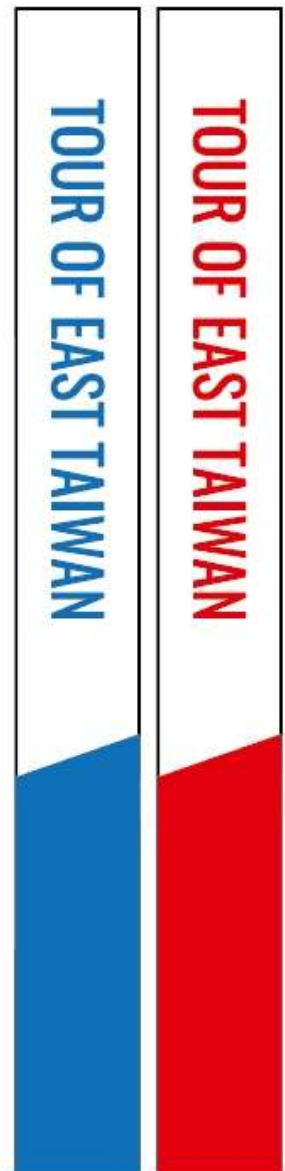
【樣式設計圖】



合身 圓領衫	胸圍		身長		適用範圍	
	英吋	公分	英吋	公分	身高	體重
XS	18	45.7	26	66.0	150~158	40~50
S	19	48.3	27	68.6	155~162	50~60
M	20	50.8	28	71.1	160~167	60~70
L	21	53.3	29	73.7	165~172	70~80
XL	22	55.9	29.5	74.9	170~177	80~90
2XL	23	58.4	30	76.2	175~182	90~100
3XL	24	61.0	30	76.2	180~	100~
	腋下平量		肩點直量		建議參考	



Finish medal



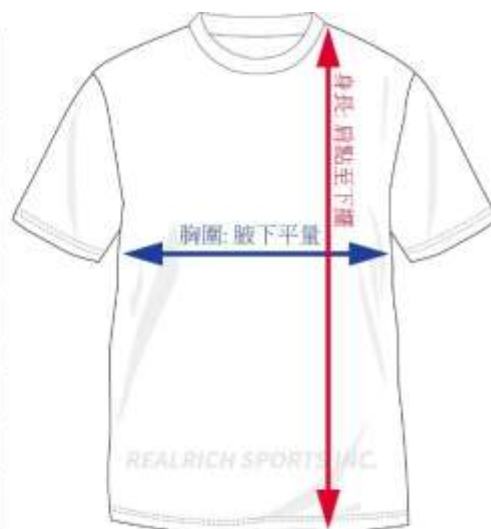
Exclusive limited add-ons

Schematic diagram of the commemorative shirt of the event, according to the actual 350

NTD



合身 圓領衫	胸圍		身長		適用範圍	
	英吋	公分	英吋	公分	身高	體重
XS	18	45.7	26	66.0	150~158	40~50
S	19	48.3	27	68.6	155~162	50~60
M	20	50.8	28	71.1	160~167	60~70
L	21	53.3	29	73.7	165~172	70~80
XL	22	55.9	29.5	74.9	170~177	80~90
2XL	23	58.4	30	76.2	175~182	90~100
3XL	24	61.0	30	76.2	180~	100~
	腋下平量		肩點直量		建議參考	



Commemorative car clothing - 1800 NTD, market price 2500 NTD

SUB 02 PRO SERIES

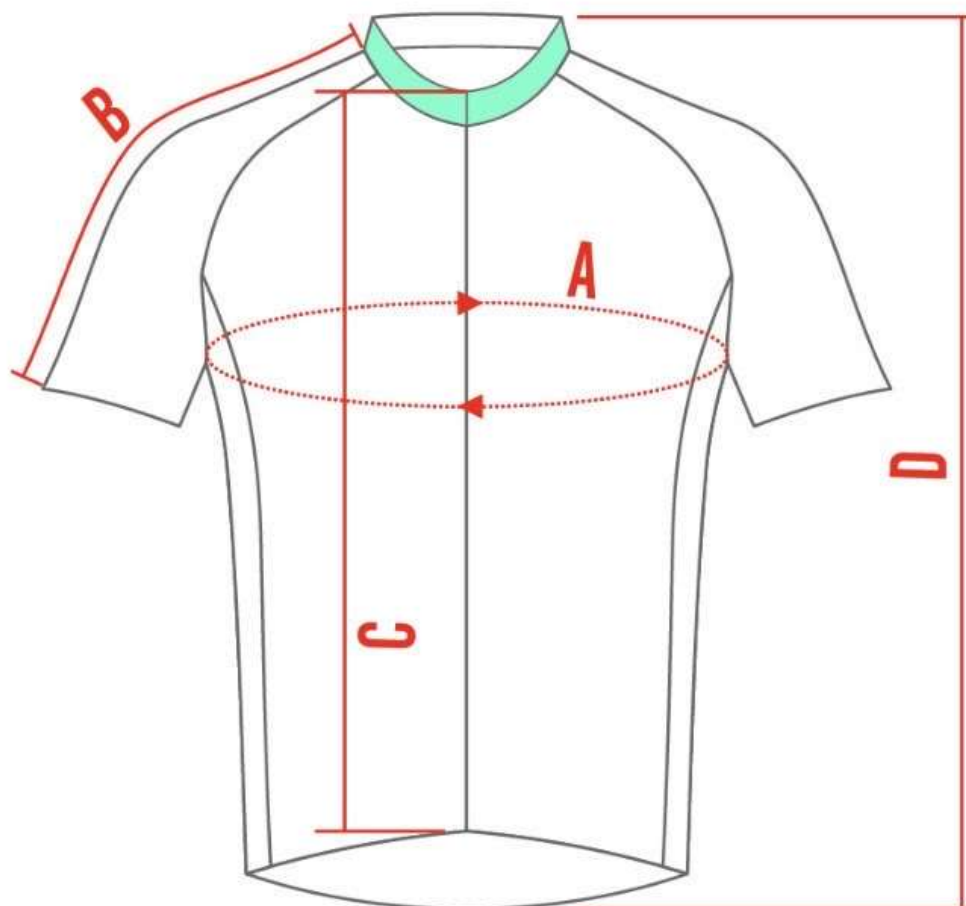


SUB 02 PRO SERIES



SIZE CHART

SS HC CYCLING JERSEY



ASIA

SIZE (CM)	XXS	XS	S	M	L	XL	XXL	3XL	4XL	5XL	6XL
CHEST (A)	75-81	79-85	83-89	87-93	91-97	95-101	99-105	103-109	107-113	111-117	115-121
SLEEVE (B)	33	34	35	36	37	38	39	40	41	42	43
FRONT LENGTH (C)	46	48	50	52	54	56	58	60	60	62	62
BACK LENGTH (D)	60	62	64	66	68	70	72	74	76	78	78

Tour of East Taiwan classic hat plus purchase - 300 NTD

