

## 2024 Yangmingshan Cycling Race

### Yangmingshan King Cycling Road Challenge

The Da Tun, Yangmingshan, and Qixing Mountain ranges in northern Taiwan have always been popular areas for cyclists from Taipei and New Taipei City to practice and explore. The back roads of Yangmingshan, situated in the northernmost part of Taiwan, are a must-ride classic route for cycling enthusiasts. Along this path, cyclists are surrounded by scenic mountains, enjoying the beautiful landscapes, and the cool, comfortable shade of greenery makes it a favorite spot for bike lovers.

The "2024 Yangmingshan King Cycling Challenge" is organized along the North Coast and Yangmingshan Mountain roads to promote tourism in the northernmost mountain range of Taiwan. The event aims to stimulate local consumption of delicious cuisine and accommodations, adding an outdoor, natural, and healthy option to the tourism offerings in the greater Taipei area. Additionally, a new Team Time Trial has been introduced.

**Directed by:** Sports Administration of the Ministry of Education, New Taipei City Government, Chinese Taipei Olympic Committee

**Organizer:** New Taipei City Sports Federation, Taiwan Cyclist Federation

**Co-organizers:** Sports Department of New Taipei City Government, Ministry of Transportation Highway Administration, Ministry of Transportation Highway Administration District 1 Maintenance Engineering Office Jingmei Public Works Section, Yangmingshan National Park Management Office, New Taipei City Government Fisheries and Fishing Port Enterprise Management Office, New Taipei City Government Police Department, New Taipei City Government Police Jinshan Branch, New Taipei City Government Environmental Protection Bureau, New Taipei City Government Health Bureau, New Taipei City City Fire Department, New Taipei City Sports Federation Triathlon Committee

**Date:** March 2nd, 2024 (Saturday)

**Meeting point:** Jinshan Huanggang Fishing Port

**Final Destination:** Dream Lake parking lot-LengshuiKeng

**Route:** Jinshan Huanggang Fishing Port - Huanggang Road - Huangqing Bridge - Provincial Highway 2 - Provincial Highway 2 Jia Yangjin Highway - Dream Lake Parking Lot. The total mileage is 21km.

**Registration time:**

– 3/1 (Fri.) 11:00-18:30 at the office of Taiwan Cyclist Federation

– 3/2 (Sat.) 06:00-06:50 at 金山磺港漁港

Receive supplies (號碼布、number stickers, chips, souvenirs, etc.)

**Agenda: 3/2 (Sat.) Jinshan Suangang Fishing Port**

06:30 Pre-departure gathering, route and safety instructions, team leader meeting

07:00 Start

07:40 The first person is expected to arrive at the finish line, participants for Team Time Trial can get off from the mountain to the starting point one after another.

09:20 Team time trial starts /Jinshan Huanggang Fishing Port

Awards will be given out after each group enters the finish line/Dream Lake Parking Lot

Receive completion medal, return chips, receive deposit refund and meals

**Participants/Groups:**

**Competition group:** Participants over 12 years old, with experience in bicycle road racing, and must take out their own personal competition insurance.

**Challenge Group:** Participants over 15 years and above who like to ride bicycles are recommended to sign up in a team of 2 or more people.

**Team Time Trial:** Participants who are over 16 years old, **and have signed up for Team Time Trial.** Each team is limited to 4-5 people. 5 people in each team. The 4th place at the finish line will be the team's score. There is no limit on men and women. Participants must wear the same team jersey and use standard curved handlebar road bikes.

**Activity grouping:.**

**Competition Group:** Standard drop-bar road bikes only.

M 16 Group/Male 16-19 years old, (2005-2008)

M 20 Group/Male 20-24 years old, (2000-2004)

M 25 Group/Male 25-29 years old, (1995-1999)

M 30 Group/Male 30-34 years old, (1990-1994)

M 35 Group/Male 35-39 years old, (1985-1989)

M 40 Group/Male 40-44 years old, (1980-1984)

M 45 Group/Male 45-49 years old, (1975-1979)  
M 50 Group/Male 50-54 years old, (1970-1974)  
M 55 Group/Male 55-59 years old, (1965-1969)  
M 60 Group/Male over 60 years old, (~1964)  
W 35 Group/Female under 35 years old, (1989-2008)  
W 36 Group/Female over 36 years old, born before (~1998)

**Junior High School Group: Competition-limited to standard bent handlebar road bikes.**

U 13 Group/Boys 12-13 years old, (2011-2012)  
U 14 Group/Male 14 Years Old, (2010)  
U 15 Group/Male 15 years old, (2009)  
W 15 Group/Female 12-15 years old, (2009-2012)

**Challenge group:**

M 15 Group/Male 15-19 years old, (2005-2009)  
M 20 Group/Male 20-24 years old, (2000-2004)  
M 25 Group/Male 25-29 years old, (1995-1999)  
M 30 Group/male 30-34 years old, (1990-1994)  
M 35 Group/male 35-39 years old, (1985-1989)  
M 40 Group/Male 40-44 years old, (1980-1984)  
M 45 Group/Male 45-49 years old, (1975-1979)  
M 50 Group/Male 50-54 years old, (1970-1974)  
M 55 Group/Male 55-59 years old, (1965-1969)  
M 60 Group/Male over 60 years old, (~1964)  
W 35 Group/Female under 35 years old, (1989-2008)  
W 36 Group/Female over 36 years old, (~1988)

**Electric-assisted bicycles:** limited to electric-assisted bicycles, regardless of gender or age.

※When registering, please be sure to fill in the correct date of birth. The registration system will automatically group participants according to age.

**Registration fee:** 800 yuan per person, along with an advance chip deposit of 500 yuan. **For those under 15 years old, the registration fee for the junior high school group is discounted to 500 yuan.**

**The fee includes:** souvenirs, number information, completion medals, timing results, electronic completion certificates, insurance, meals and a KOM supply bag.

**Team time trial:** 1,000 NTD per team.

**Registration method:** Register in advance at the website of Taiwan Cyclist Federation ([www.cyclist.org.tw](http://www.cyclist.org.tw)) before the event & register on-site on the day of the event.

**Reward method:** Competition group -

1. Each participant will receive a commemorative medal and download the electronic completion certificate from the official website of Taiwan Cyclist Federation after the event.
2. Trophies will be awarded to the top six in each age group of the competition group.
3. Trophies will be awarded to the top six of Team Time Trial group.
4. Trophies and bonuses will be awarded to the top six Yangmingshan Kings. The results are calculated based on the total ranking of the road race and team time trial.

| Group/Bonus                        | 1st Place | 2nd Place | 3rd Place | 4th Place | 5th Place | 6th Place |
|------------------------------------|-----------|-----------|-----------|-----------|-----------|-----------|
| Yangmingshan Kings Overall Ranking | 10,000    | 7,000     | 5,000     | 4,000     | 3,000     | 2,000     |

5. The annual "Taiwan Cycling Road League" will award the annual overall ranking award at the final event - the Hualien Pacific Cup.

**Instructions for participation:**

1. ※ This event also includes the "New Taipei Cycling Happy Tour - Tamsui Guandu Golden Waterfront Cycling Tour". Relatives and friends are welcome to participate.
2. This participant makes the decision of his own free will to participate in the bicycle challenges and competitions organized by the Bicycle Riders Association of the Republic of China.
3. Participants have reviewed the challenge, activity-related brochures, and participation instructions provided by the organizer, and understood the relevant reminders, competition regulations, and precautions, and have no objections.

4. Please participate in the bicycle challenge based on your personal strength and health status. If you feel unwell, please go to a safe place on the roadside to rest, and do not exceed your physical load.
5. Low temperatures are likely to occur in the mountainous areas in the latter part of this route; participants should pay attention to keeping warm during riding and after arriving at the finish line.
6. The staff has the right to decide to stop the participants who are too far behind from continuing to ride based on the physical condition of the participants and road safety conditions, and participants shall not object.
7. The bicycles ridden by participants must have a complete braking system. The competition category is limited to standard drop-bar road bikes.
8. Participants must wear bicycle-specific helmets correctly throughout the event.
9. Participants must bring their own inner tubes and simple repair tools to prepare for puncture replacement and troubleshooting.
10. The water bottle must be a bicycle-specific water bottle. To prevent the water bottle from falling while biking and affecting the safety of riders behind you, be sure to check and adjust the water bottle cage before biking to keep the water bottle securely placed.
11. Participants are required to carefully check the assembly of bicycle parts and the condition of tire pressure before the event, in order to keep the bicycle in the best condition to maintain safety.
12. It is recommended that more than 2 people participate in a team. They can look after each other on the challenge and share the joy of completion.
13. All participants must abide by traffic rules and signs, ride in the right lane or pull over, and do not ride in the opposite direction. Bicycles are regarded as slow-moving vehicles in traffic regulations. Therefore, if you fail to obey traffic signs and traffic rules, or you have an accident or are issued a ticket by the competent authority, the participant shall bear all legal responsibilities. Participants are requested to pay special attention. If the violators are found to be true, their results will be canceled and they will be prohibited from registering for this event in the future.
14. Participants are required to carry their health insurance card or identity document with them. If you are injured, please seek medical treatment on the same day and issue a diagnosis certificate and receipt to facilitate insurance claims.

15. Cycling challenges and activities have a certain degree of difficulty.  
Participants should pay attention to their own health conditions and weigh the possible risks involved in participating in the challenge activities. If you have high blood pressure, cardiovascular disease, heart disease, diabetes, epilepsy, asthma, etc., or have other diseases that are not suitable for strenuous exercise, you are not allowed to participate in this challenge or activity (participants are asked to judge by themselves whether they have symptoms of depression. If you still insist on participating despite symptoms, the organizer will not bear any liability for any accidents that may occur).
16. It is inevitable for participants to have accidents such as falls or collisions during the challenge, and the organizer will not be liable for any compensation other than insurance coverage for such accidents.
17. This competition is insured with a 5 million NTD "public accident liability insurance" in accordance with the relevant regulations of the Ministry of the Interior. "Public Accident Liability Insurance" only covers accidental injuries that are within the liability of the conference. If participants have a history of various diseases, please evaluate your own safety before participating. If you consider the insurance coverage to be insufficient, please purchase other valid personal insurance on your own. For the coverage content of "Public Accident Liability Insurance", please refer to the policy page on the registration page. The maximum claim amount of the insurance for this event is the amount borne by the policy. The organizer will not provide a claim amount that exceeds the policy claim amount. If you cannot agree on the scope, items, and amount of insurance claims included in the coverage, you are prohibited from participating. In addition to the public accident liability insurance provided by the conference, it is recommended that contestants take out their own personal bicycle competition insurance.
18. According to the provisions of the Insurance Law, life insurance or injury insurance policies purchased for the insured by minors under the age of 15 cannot include death benefits before the age of 15.
19. This activity does not provide traffic control that excludes other road users from using the activity route. If a team vehicle has a traffic accident with other people or vehicles (participants, other team vehicles, or other passers-by) during the event or on the event route, the police will be notified in accordance with the general traffic accident handling methods. The organizer does not bear any responsibility for such general traffic accidents.

20. After entering the parking lot at the end, participants will receive their completion medals and return their chips/deposits.
  21. Applicants promise that the personal information filled in is true; if the information provided is incorrect, all consequences will be borne by the provider.
  22. If the weather forecast on the event day is poor, the organizer may announce response measures at the pre-departure meeting (or in the pre-event announcement), which may include cancellation or rescheduling or using other alternative routes. Relevant response information will be announced separately.
  23. If extreme weather or other force majeure natural disasters or events occur during the event, the organizer shall take safety into account and have the right to decide whether to adjust the route, end the event early, or change the end point of the event. Participants agree that the organizer shall Deal with the situation that is most beneficial to the participants.
  24. The conference has the right to broadcast, announce, exhibit, and publish the videos, photos, and results of this event around the world on websites and publications. Participants must agree that their portraits, results, and media/online reporting graphics and texts may be used. Yudong related publicity and broadcast.
  25. Participants are asked to display the spirit of cyclists in caring for the environment - love the mountains and rivers and never litter.
  26. If there are any unfinished matters or any changes in these regulations, they may be revised at any time.
- The latest information about this event will be announced at any time on the "Cyclist Association" Facebook  
Please read it carefully at <https://www.facebook.com/tcf1999/>.
  - Event inquiries: Bicycle Riders Association of the Republic of China/Tel: 02-8919-3595/Official LINE: tcf89193595

Website [www.cyclist.org.tw](http://www.cyclist.org.tw) E-mail: [service@cyclist.org.tw](mailto:service@cyclist.org.tw)