

2021 臺灣自行車節 Taiwan Cycling Festival

2021 臺灣自行車登山王挑戰

2021 Taiwan KOM Challenge

活動前注意事項 Pre-event Notice

●因應新冠肺炎疫情：Regarding to COVID-19 issue:

- 一、受疾管機關管制「居家隔離」、「居家檢疫」及「自主健康管理」者，以及距賽前 15 日內入境台灣者禁止參賽。Any person defined for self-health management, as well as persons arriving Taiwan within 15 days are NOT allowed to participate this event.
- 二、請與會來賓配合控管體溫及掃描本活動實聯制QR Code，高於 37.5°C者禁止進入會場。Please follow the on-site body temperature control process, and the QR Code scanning. Any person with body temperature above 37.5°C are NOT allowed to enter the event area.
- 三、在活動起/終點及沿途各補給站時，請隨時配戴口罩。不能維持室外1.5公尺社交距離時或具呼吸道症狀者請配戴口罩。Please wear face mask properly when you are in the start/finish/feeding zone areas. Please wear face mask properly whenever not able to maintain 1.5m social distance.
- 四、請車友於活動日前完成下列防疫措施其中一項，並[上傳至報名網站](#)
 - (1).活動前 14 天完成，第一劑新冠疫苗接種證明。
 - (2).活動前 3 天內取得 PCR 核酸檢測陰性證明。
 - (3).活動前 3 天內取得快篩陰性證明。

All participants please complete at least one of the following Epidemic prevention measures:

1. Certificate of the first injection of COVID-19 vaccination completed 14 days before the event day.
2. Certificate of negative PCR nucleic acid test completed 3 days before the event day.
3. Certificate of COVID-19 rapid screening with negative result, 3 days before the event day.

- 五、活動仍依最新「衛生福利部」公告之防疫條例措施進行管理，主辦方有權依規範條例配合活動內容調整。The Organizer reserves the right to adjust the above rules subject to the latest guidelines announced by CDC.

活動流程 Event Schedule

10/28 (星期四 Thu.)

14 : 00 花蓮外拍記者會/花蓮七星潭賞星廣場會場 (193 縣道)

Press conference/Qixingtang Beach Square Hualien

14 : 00 -17 : 00 參加者報到/花蓮七星潭賞星廣場會場

Riders check-in/ Qixingtang Beach Square Hualien

15 : 00 -16 : 00 選手歡迎會、行前說明會議、會後領取隊車貼紙

Rider's welcome party, pre-event notice, team car stickers.

贈品：紀念衫、KOM 衣物袋、補給袋、DT SWISS 小帽 + 路線貼、艾瑪絲洗髮精、千沛補給品

識別：號碼布*2、別針*8、號碼貼 1、行李貼 1、車牌 1、晶片 1、束帶*3、午餐券 1

代訂：乘車券 1-搭乘大會下山接駁者

Gift: Event shirt, KOM daybag, supply bag, DT SWISS cap+route sticker, AROMASE gift, Centuple gift.

Identification: Number bibx2, pinx8, number stickerx1, daybag stickerx1, number platex1, chipx1, stripex3, lunch couponx1.

Downhill transportation ticketx1 (Prior booked)

10/29 (星期五 Fri.)

05 : 00 保暖衣物袋寄放/花蓮七星潭賞星廣場

Day bag handed over at event start point: Qixingtang

05 : 35 活動安全注意事項說明 Safety notice

05 : 40 開幕典禮-表演節目、貴賓致詞 Opening Ceremony

06 : 00 鳴槍出發 Event start

10 : 00 預計第一位抵達終點/武嶺 ETA of first rider arriving Wuling

選手陸續抵達終點、領取完成獎牌、保暖衣物袋領回

Wuling finish area: receiving finish medal, day bag

10 : 30 武嶺頒獎：總排名及女子組、臺灣組前六名、採訪、藥檢

Award giving: GC/Women/Taiwan Top 6, Media interview, Doping test.

各分組前六名、敢鬥獎、精神獎、友誼獎

Age category trophy giving, sportsmanship, friendship award.

午餐供應、退晶片、接駁車(限已預訂者)/武嶺

Lunch supply, chip return/deposit refund, down-hill transportation (prior booked).

14:00 終點關門-武嶺 Wuling closed.

● 「Taiwan KOM Challenge 2021」 ROUVY Indoor Cycling 室內實境挑戰

10/20 (星期二 Feb.) ~ 11/14 (星期日 Sun.) (Challenge)

路線 Route 1—「PULI/WEST SUMMIT」清境-武嶺，18.35km/1245m.

路線 Route 2—「BILU」新白楊-金馬隧道口，19.45km/885m.

路線 Route 3—「KOM RACE SUMMIT FINISH」大禹嶺-武嶺，9.89km/731m.

10/30 (星期六 Sat.) PM 20:00 (Race)

「Taiwan KOM Challenge 2021」線上實境賽—全球同步 Online Race

注意事項 Event Notice

一、參加者識別圖/路線/分組 Identification

A. 選手識別圖 Riders identification

A 號碼布二張：以別針別在背後。Number bib x 2: fixed on the back using pins.

B 車架號碼牌一張：以束帶綁在座墊桿上。Bike plate x1: fixed on the seat post.

C 成績感應晶片一塊：以束帶綁在自行車前叉上。Time chip: fixed on the fork.

D 行李貼一張：貼於 KOM 衣物袋上如圖示位置。請寫上個人手機號碼。Daybag sticker:

Attached on the daybag as shown. Please write your phone number on it.

E 安全帽號碼貼一張：貼在安全帽前額位置。Helmet sticker: on the front side.

A 號碼布 Race Number



B 車架號碼牌 Bike Number plate

C 晶片 Timing Chip



D 行李貼 Luggage sticker



E 安全帽號碼貼 Helmet sticker



B. 路線 Route description

起點/花蓮七星潭太平洋濱→台 9 線蘇花公路→台 8 線亞泥鳳凰樹隧道→太魯閣牌樓→錦文橋左轉 (坡頂放行點) →天祥→西寶→新白楊→碧綠神木→關原→大禹嶺→台 14 甲線→合歡山武嶺，總長 105 公里，終點海拔 3275 公尺。

Qixingtian/Start→No.9 Hwy→No.8 Hwy→Taroko→Jinwen Bridge→Tianshang→Xibao→Xinbaiyang→Bilu Sacred Tree→Quanyuan→Dayuling→No.14A→Wuling/Finish.

Total distance 105 kms. Altitude at Wuling: 3275m.

C. 選手分組 Rider categorization

菁英組 Elite：19 歲以上 above，民國 91 年 (含) 以前出生者 (~2002)

分齡組 Age group：

M 16 組/16-19 歲，民國 91-94 年 (含) 出生者 (2002-2005)

M 20 組/20-29 歲，民國 81-90 年 (含) 出生者 (1992-2001)

M 30 組/30-39 歲，民國 71-80 年 (含) 出生者 (1982-1991)

M 40 組/40-49 歲，民國 61-70 年 (含) 出生者 (1972-1981)

M 50 組/50 歲以上，民國 60 年 (含) 以前出生者 (~1971)

WOMEN/女子組 16 歲以上，民國 94 年 (含) 以前出生者 (~2005)

KOM Spectator Tour 觀戰團組：有興趣於活動日搭車為參加選手加油打氣者。Interested in watching the event during the trip.

二、活動規定 General Notice

1. 本活動參考、採用 UCI 自行車賽事規則；此活動依據主辦單位安全考量之需求，本協會得增列其他條款。This event take the UCI regulations for reference. By considering the safety concern, the Organizer may set additional terms if necessary.
2. 車輛限制：建議使用彎把、平把公路車、公路胎越野車。禁止使用小徑、小折或都市通勤車款。Road bike or MTB are suggested. No folding bike.
3. 參加者必須自備前照明燈與後安全燈，以利隧道、多霧、視線不佳處等之行進照明。Some tunnels might be without enough illumination. Please prepare front/rear bike lights and ride carefully.
參加者必須正確配戴自行車安全帽，並備水壺、手套、禦寒風雨衣等及標準車衣。Bicycle helmet must be correctly used during riding. Be prepared with warm-keeping stuff.
4. 如有違反或未遵守活動規定及大會裁判指示時，除取消選手活動資格外，並於成績表中加註公佈，請各車隊要求所屬選手遵守活動相關規定。Teams and riders must follow the event regulations. Violation of event rules may induce disqualification.

三、補給、維修規定 Feeding and Repair

- 參加者於此高難度騎乘路線中，請隨身自備適用之補給品，以完成此高難度之挑戰。

Please prepare personal feeding if necessary.

- 大會設置之補給維修點位置及補給內容如下：Event feeding zones:

序	補給站 Feeding zone	補給物資 Items
1	西寶 Xibao	水、運動飲料、椰子水、香蕉
2	新白楊 Xinbaiyang	水、運動飲料、仙草蜜、香蕉
3	碧綠神木 Bilu Sacred Tree	水、運動飲料、八寶粥、香蕉
4	關原加油站 Guanyuan	水、運動飲料、粽子、香蕉
5	大禹嶺 Dayuling	水、八寶粥
6	武嶺 Wuling	水、熱飲、午餐
水 water、運動飲料 energy drink、香蕉 banana、午餐 Lunch、八寶粥 dessert、仙草蜜 jelly drink、熱飲 hot drink.		

- 賽道上僅限於貼有通行條之車輛跟隨於裁判車後。Only the support cars with event team car sticker may follow the commissaire vehicles.
- 比賽出發後，所有隊車依照隊車號碼順序排列於裁判車後方前進，不可超越。All team cars have to follow, and cannot overtake without prior admittance from the commissaire vehicles.
- 所有隊車於行進間，必須遵從裁判車的管制與指引。All team cars have to follow the instructions and controls by the commissaire vehicles.
- 車隊之補給車需於競賽當日 05 : 30 am 之前從七星潭起點先行出發前往大會規定之補給區(碧綠神木與關原加油站兩處)，進行定點車隊補給。Team cars planning to do team feeding have to depart Qixingtian start no later than 05:30. Fixed-point feeding can be made between Bilu Sacred Tree and Guanyuan.
- 本賽事禁止行進間動態補給，大會提供之補給工作僅限於大會設置之補給點進行。隊車完成補給作業後，僅能跟隨於裁判車後行進，不可超越自行車集團前進。NO dynamic feeding can be provided to the riders. Upon the finish of feeding, team cars may only proceed behind the commissaire vehicles and cannot overtake the peloton.
- 進入補給站時，選手需靠邊減速或停車拿取補給品。Riders please slow down when approaching the feeding zones to reach the supply.
- 大會於新白楊、碧綠神木、關原加油站、大禹嶺、武嶺備有保暖車。The Organizer will prepare warm-keeping vehicles at Xinbaiyang, Bilu tree, Guanyuan, Dayuling and Wuling.
- 大會提供備用輪組供領先選手使用。The Organizer provide spare wheels for front riders.
- 落後選手機械故障時，請由各隊隊車自行處理。Team cars are responsible for technical failures of their respective riders far behind.

四、注意事項 Special Notice

活動前 Before the event

1. 此活動為高強度長距離高海拔的活動，參與者需注意身體對高海拔的適應及沿途可能的低溫，並預作保暖準備。 Be prepared for high altitude and possible low temperature on the route and at the finish area.
2. 請將抵達終點時須立即換穿之保暖衣物，置入 KOM 衣物袋中並貼妥行李貼，於 5:30 前在起點交付大會託運、並於武嶺終點領回。 Please hand over your daybag carrying your warm-keeping clothes you need immediately in Wuling at the Start before 05:30, and receive it at the Wuling finish.
3. 大會起點僅提供 KOM 衣物袋運送服務，無法運送大型單車箱及行李箱。The luggage shipping only serve the daybags. Bike boxes and luggage cases are not acceptable.
4. 活動期間若為雨天，請參加活動參加者自備專用透明雨衣。Rain vest might be necessary for raining on the event day.
5. 如活動天候狀況不佳，大會得於出發前或活動中宣佈活動縮短行程等應變措施。In case of bad weather condition, the organizer may announce the alternative of the event.
6. 報到會場提供部分維修補給備品及大會紀念商品。Popular parts and the Organizer merchandise will be available at the check-in site.

活動中 In the event

1. 參加者務必騎乘於右側車道、絕不可逆向，所有路段及上下坡轉彎嚴禁參加者超越道路中心線逆向騎乘，如發生意外由參加者自行負責。
Riders MUST ride on the right lane or right side of the road. Riders to be responsible for all results of violation of traffic rules.
2. 活動路段常有落石，活動過程中如發現前方有輕微落石之狀況，此為較大落石之前兆，請特別注意。
Light falling rocks might be a sign of bigger ones. Beware of falling rocks. Follow event staff instruction.
3. 活動中如有身體不適、抽筋等現象，請馬上到路邊休息，切勿超出個人身體負荷來活動，可就近聯絡大會工作人員尋求支援與救助。
In case of physical discomfort, please seek for event staff assistance immediately.
4. 參加者請將使用後之補給品包裝垃圾隨身帶走，禁止隨意丟棄，影響高山環境整潔。
Do not junk garbage on the route.
5. 於施工管制路段須聽從工作人員指示停止或快速通過以維安全。
Please follow the on-site staff instructions on the road construction areas.

活動後 Post the event

1. 得獎是最高的榮譽，請得獎者務必參加頒獎典禮，活動後恕不補發。Winning a prize is the most valuable honor. Prize winner must attend the prize giving ceremony. The trophy and prize will not be provided post the event.
2. 武嶺停車場禁止隊車停放。車隊車輛於活動後欲東向下山往花蓮者，請停放於合歡山莊停車場；欲西向下山往埔里者，請停放於昆陽或鳶峰停車場。車友進入武嶺終點後請小心下滑至停車位置。Due to limited space, the Wuling parking lot is not allowed for team car's parking. Team cars please park at Hehuan parking lot or Kunyang parking by considering your destination after the event. Riders please go to your team cars with care.
3. 所有選手進入武嶺終點後，退晶片還押金領取完成獎牌、KOM 衣物袋、各獎項頒獎、午餐等，活動中如有使用大會提供之備輪，請於武嶺停車場大會帳篷換領回。Upon your arrival at Wuling, please return chip, receive finisher medal and daybag and lunch. Please exchange your wheel at Wuling if you use the spare wheel in mid-way.
4. 有預訂大會接駁車運載者，返程在武嶺會場搭車。Downhill transportation service at Wuling parking lot is only for riders with pre-booking.
5. 本活動嚴禁參加者於活動後自行騎自行車往東、西向下山。下山請由隊車或支援車接駁。參加者如違反此規定而發生意外，由於已屬於活動結束之後時段，主辦單位將不負任何責任。It is NOT allowed to ride downhill to depart after the event. Please arrange your downhill transportation using support vehicles. The Organizer is not responsible for the accidents caused by the violation of this rule.

五、關門點設置

1. 大會設置關門點：碧綠神木 11:00、大禹嶺：12:30、武嶺 14:00。The closing time for check points are: 11:00 for Bilu Tree, 12:30 for Dayuling, and 14:00 for Wuling.
2. 被關門之選手須配合大會裁判登記號碼，由後方跟隨之隊車收容。活動殿後車後方禁止任何參加活動之選手繼續騎乘，以維安全。Riders not able to arrive the check point in time MUST be noted his race number by the commissaire, and get on the team cars/recovery vehicles. Riding behind the recovery vehicles are prohibited for safety concern.
3. 如活動天候狀況不佳，大會得臨時宣布應變行程等措施。The Organizer may announce alternative actions regarding to the weather condition.

六、隊車注意事項 Notice for Team Cars

1. 隊車通行條將於 10 月 28 日行前會議後發給。Team car stickers will be provided at the pre-event meeting on Oct.28th.
2. 補給隊車需於 5：30 前出發，前往碧綠神木及關原補給站或各關門點補給支援，補給後需等待尾隨裁判車後前進。Team cars plan to go to Bilu Tree or Guanyuan for feeding have to depart before 05:30. Upon feeding finish, team cars have to wait for commissaire vehicle and then keep going ahead.
3. 嚴禁隊車行駛於選手騎乘路線之中，與選手同時行進，違者取消該隊成績。Team cars are NOT allowed to go with the riders during the whole event. Violation of this rule will induce the disqualification of the whole team.
4. 各隊隊車需自備無線電，於活動進行中以獲得大會資訊為主，除嚴重事項外，請勿占用公共頻道，競賽用無線電頻道為 145.970MHz。Team cars may prepare on-board radio for listening to the event messages. The event frequency is 145.970MHz.
5. 選手需維修時，需原地等待至隊車到達該選手位置時進行機械維修。如遇特殊狀況由賽會裁判通知，則不在此限制。Riders need technical assistance please wait for your team car, unless the commissaire agree a specific arrangement.

七、晶片使用注意事項 Notice for Time chips

1. 晶片押金：已於報名時繳交晶片押金每人每片 500 元，進入武嶺後可退晶片領回押金。若有遺失，每塊晶片須付 1000 元賠償金。The NT\$500 chip deposit could be refunded upon your arrival at Wuling.
2. 若有臨時未克出賽者，請先將該晶片退回起點現場報到處並退回晶片押金，以防誤帶晶片，影響成績判定。Riders not able to start please return the chip at the event start and refund your deposit.

八、藥檢 Doping test

本賽事之藥檢作業，將檢驗總排名、女子組、臺灣總排名各第一名進終點之選手，藥檢人員會立刻跟隨，並指示應受檢之選手配合藥檢採樣程序，直至採樣程序結束後，受檢選手始能離開武嶺終點。任何受檢選手若不遵從藥檢人員指示，將立即取消比賽成績、名次。

The first rider of overall/Women/Taiwan group entering the Wuling finish has to take the doping test by following the doping staff's instruction until the whole procedure is completed. Violation of this rule will induce an immediate disqualification.

九、申訴 Appeal

1. 應由單位領隊或教練，於賽後 30 分鐘內，以書面向大會審判委員會正式提出申訴，同時繳交保證金新臺幣叁仟元整，賽會將以審判委員會之判決為終決。提出申訴不成時沒收其保證金。 The appeal shall be submitted by the team manager or coach to the event committee via a document with 30 minutes after the event, together with a deposit of NT\$3,000. The decision of the event committee will be the final judge. The deposit will not be returned if the appeal is rejected.
2. 如未經上述程序提出申訴，以致干擾比賽進行，將由審判團採取適當處分，以維競賽之進行。 If a complaint is filed without the above procedures, which interferes with the progress of the competition, the committee may take appropriate sanctions to maintain the progress of the event.

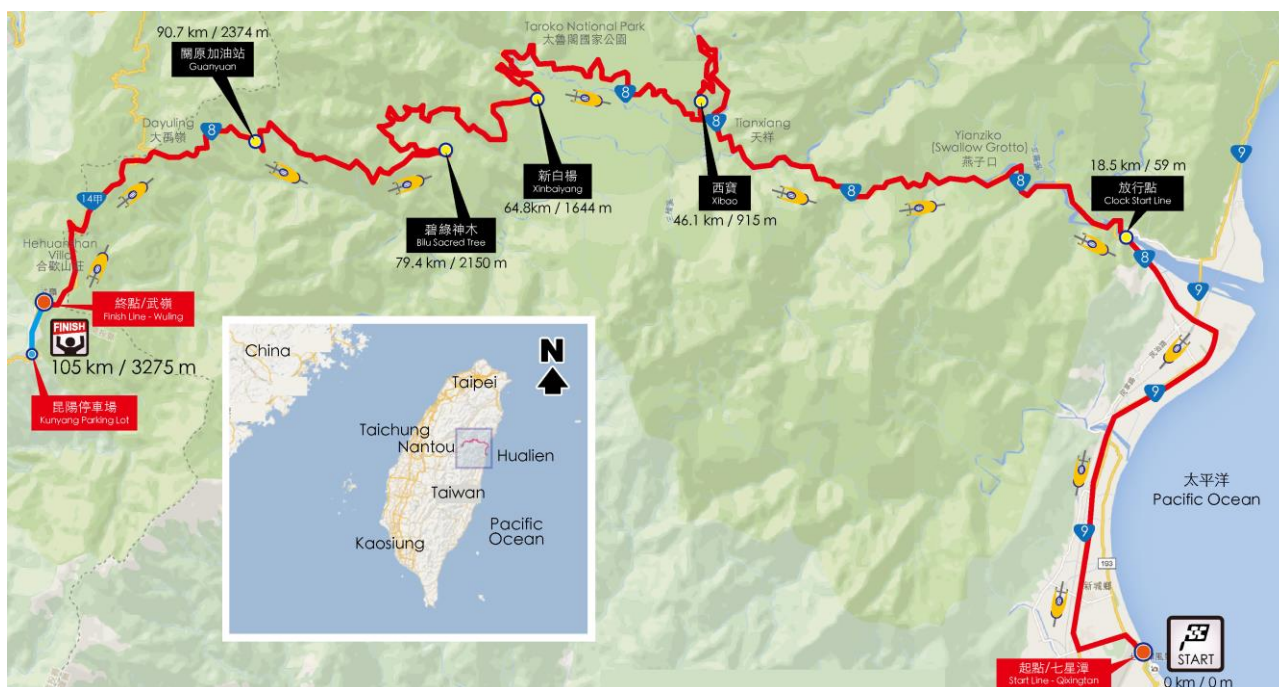
十、保險健康事項 Insurance issues

1. 請隨身攜帶身分證明或健保卡，以備不時之需。 Please bring your identification or travel document during the riding.
2. 本活動依內政部相關規定投保「公共意外責任險」。「公共意外責任險」只承擔大會責任內所致之意外傷害理賠。參加者如有本身各項疾病史，請自重評估自身安全不可參加。如有考量保險保障範圍之不足，請自行加保其他有效之個人保險。如對於承保內容中之保險理賠範圍、項目、金額無法同意者，禁止報名參加。 The insurance for this event (participants) is the "Public Liability Insurance" which is for accident payments caused by organizer responsibility only. That means, based on the law, the insurance only covers the race or event accident payments that is caused by the organizer's liability. The organizer is only responsible for the indemnity amount with the maximum price per person as the insurance policies offers. Do not register for the event if you do not agree with the coverage, items, and indemnity amount of insurance policy. Any personal health issues during the event or any riding injury caused by a personal health problem will not be included in this insurance. Riders that have personal health problems should not attend this event.

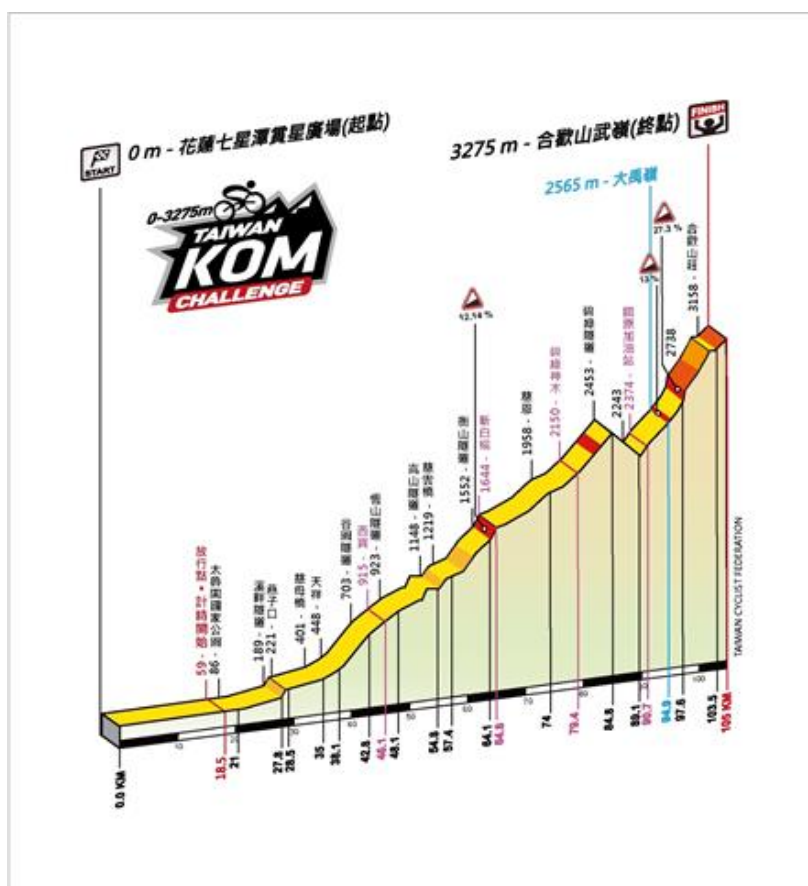
十一、媒體圖文許可 Insurance issues

大會有權將此項活動之錄影、相片及成績公開播放、展出、登錄於本會網站與本會刊物上。參與活動者即等同於同意主辦單位得使用其肖像權與成績與圖文紀錄於相關之宣傳與播放。 The Organizer has the right to publicly broadcast, display and log the videos, photos and results of this event on our website and publications. Participating in the event is equivalent to agreeing that the Organizer may use its portrait rights, achievements, and graphic records for related publicity and broadcasting.

活動路線高度圖 Route Information



爬坡細節圖 Route Details



最後公里數細節圖 Last kilometers

