



# Pre-event Notice

## Event Schedule

### Oct. 22<sup>nd</sup> (Tuesday)

14:00 – 15:00: Taipei International Press Conference at the Ministry of Transportation and Communications (MOTC).

### Oct. 24<sup>th</sup> (Thursday)

09:00 – 09:20: Spotlight riders photo shooting / Qixingtian start point

10:00 – 18:00: Teams and riders check-in at the Hualien Parkview Hotel. (Race bib x2, Hemet number plate x1, bike number plate x1, day bag x1, event souvenirs, luggage stickers, race booklet.)

15:00 – 16:00: Welcome Party and Riders Meeting at the Parkview Hotel Hualien. The team car stickers will be issued in riders meeting. Questionnaire. Lucky draw.

### Oct. 25<sup>th</sup> (Friday) Race day

05:00 Riders pre-race sign-in and check-in day bags at Qixingtian start line.

05:35 Race safety briefing.

05:40 Opening Ceremony.

#### **06:00 RACE START TIME.**

09:50 First rider ETA to the Wuling finish line. First 3 Men/Women riders doping test. Riders arriving Wuling, finisher medal presentation, retrieve day bags.

10:30 Men and Women top 6 – award presentation, photos and short interview at Wuling.

11:30 Category winners on-site award ceremony at Kunyang Parking Lot; Lunch; Chip return; Downhill transportation service(ONLY for passengers completed reservation).

13:00 Wuling finish line closed. Downhill transportation start.

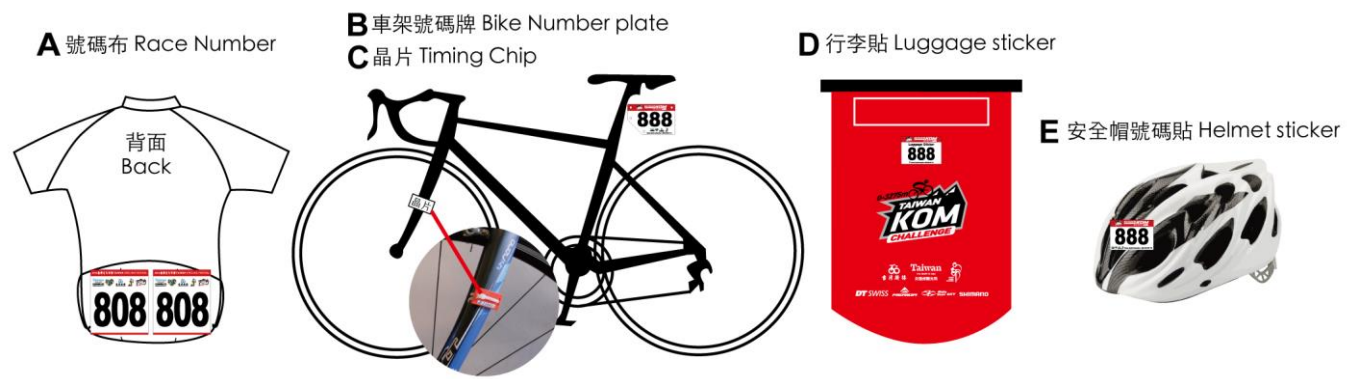
18:00 Riders' dinner at Parkview Hotel in Hualien.

## Regulations and General Notice

### 1. Rider Identification, Race Route and Categorization

#### A. Bike number, rider number, timing chip and day bag:

1. Attaching your two race numbers on the lower back of jersey as shown.
2. Bike number plate attached under seat tube.
3. Attach your timing chip on the lower portion of FRONT fork as shown.
4. Luggage sticker attached on the day bag, with rider's phone number on it.
5. Helmet sticker attached on the front side of the helmet.



## B. Race Route

**Route:** Hualien Qixingtian → Taroko Bridge → Route 8 → Tianxiang → Xinbaiyang → Bilu Sacred Tree → Guanyuan Gas Station → Dayuling → Route 14A → Hehuan Mountain/Wuling.  
 Total Distance: 105km, Altitude at Wuling: 3275 meters.

## C. Rider Categorization

Elite: 19 years old and above (born before 2000). NOTE all riders born before 2000 may enter the Elite category but must be experienced racing cyclists).

M16: 16-19 years old (born 2000-2003)

M20: 20-29 years old (1990-1999)

M30: 30-39 years old (1980-1989)

M40: 40-49 years old (1970-1979)

M50: 50 years old and above (born before 1969)

Women: 16 years old and above (born before 2003)

## 2. Race Regulations:

1. Race rules are referred from UCI regulations, and organizer may add additional rules due to safety concerns and safety requirements.
2. All riders must ride standard road bikes with a “down curved” handlebar. No power assist allowed.
3. Riders must attach front and rear lights and MUST remain mounted during the entire race for use through tunnels and possible foggy conditions.
4. Riders must wear helmet, gloves, standard cycling jersey, have water bottles and supplements, and recommended carrying a windbreaker for possible inclement weather conditions.
5. Appeals must be filed within 20 minutes at the end of the race, along with a NT\$1000 deposit.
6. Violations to the regulations and/or commissaries’ instructions may result in disqualification.

## 3. Feed Zones & Maintenance/Repair Regulations:

1. Riders are recommended to carry proper supplements to deal with high altitude conditions.
2. Official feed zones and maintenance/repair locations:
  - \*Xibao: water, sports drink.
  - \*Xinbaiyang: water, sports drink, bananas.



- \*Bilu Sacred Tree: water, sports drink, bananas, bread.
  - \*Guanyuan Gas Station: water, sports drink, bananas.
  - \*Wuling: Hot drinks.
  - \*Kunyang: Lunch hot food.
3. Only team cars identified with “2019 KOM TEAM CAR” stickers are authorized to follow behind race commissaire vehicles. The stickers could be available at the team manager meeting on October 24th at 15:00 in the welcome party.
  4. At the start of the race, all team cars will follow behind Race Commissaire vehicle.
  5. All team cars must follow instructions from race commissaries at all time.
  6. Team cars must depart Hualien start line before 05:30 and go to the designated two feed zone stations. After leaving feed zones, team cars are not allowed to drive between and through riders, team cars can only depart feed zones after Race Commissaire vehicle has passed the feed zone, and then must follow behind Race Commissaire vehicle.
  7. Team cars are only allowed to feed riders at two feed zones: **Bilu Sacred Tree** and **Guanyuan Gas Station**. **\*\*NOTE:** Team cars are **NOT** allowed to provide “dynamic feeding” within the peloton or on any part of the race route. Any team car violating this regulation will result in disqualifying their rider(s).
  8. When entering feed zones, riders are required to slow down or stop in order to maintain a safe getting of supplements and water.
  9. In case of inclement weather conditions, there are warming buses located at: Xibao, Xinbaiyang, Bilu, Guanyuan Gas Station, Dayuling and Wuling finish line.
  10. Race organizer provides neutral support of spare wheel sets.
  11. Once mechanical problems occur, rider fall behind the peloton, his/her team car must take care of it.

## 4. General Notice:

### A. Pre-Race Information

1. Due to high altitude and long distance of this race, riders are reminded to consider their reaction to altitude sickness; as well, at the finish line area at Wuling, there is a high possibility of cold temperatures (0°C), riders are recommended to wear and carry proper clothing in case of inclement weather conditions during the race.
2. All riders **ARE RECOMMENDED** to put a change of dry clothing and **WARM** clothing in their day-bags. Day-bag check-in is from 05:00 am to 05:30 am at the starting line area. Day-bags will be transported to Wuling.
3. The organizer’s luggage transportation vehicles only carry day bags. Big luggage/bike box is not allowed. Big luggage of the “**pre-booked Bus B downhill transportation**” passengers will be carried by organizer vehicles on 04:00 am at the event hotels on the race day.
4. Falling rocks are a hazard in the Taroko Gorge and along the entire route. Riders should be aware of these risks when deciding whether participating in this event or not.
5. Riders are required to prepare transparent rain vests if rainy weather is forecasted.
6. Maintenance parts, accessories and event souvenirs are available at the





event check-in helpdesk.

## B. During-Race Information

1. Riders are to use the right lane of the road, and NOT use the on-coming lane. Riders are NOT allowed to pass the centerline of the road along the route and on downhill turns.
2. If riders experience altitude sickness and/or severe cramping, riders should immediately stop and rest, and seek medical attention immediately. Riders are reminded not to overexert themselves and be cautious to the reaction of high-altitude sickness.
3. Please be aware of the environment and do NOT throw trash on the side of the road.

## C. Post-Race Information

1. Awardees are requested to attend the award ceremony in Kunyang parking lot. If an awardee is not present at the award ceremony, awards will not be delivered afterwards.
2. Team cars are not allowed to park at the Wuling finish line area. Team cars are to wait at the Kunyang parking lot. East-bound post-race team cars are suggested to park at the Mt. Hehuan service station parking lot.
3. First 3 finishers and first 3 female finishers must take doping test immediately.
4. Riders arriving finish line please receive finishers medal, pick up day-bags, then proceed to Kunyang parking lot to return timing-chip, receive lunch meal, and to meet up with team cars or shuttle buses. All Age-categories' award ceremony will be in Kunyang parking lot. Riders using organizer's neutral support wheels in the event, please exchange the support wheels at Kunyang.
5. This event strictly prohibits participants cycling downhill from Wuling back to Hualien or onto Puli. The organizer is not responsible for any accident after participants cross the finish line. Riders must use team cars or other support vehicles to return to Hualien or onward to Puli.

## 5. Check Point Times and Rider Termination:

1. Race check points and deadline timing are: Bilu Sacred Tree 10:30, Dayuling 12:00, and Wuling 13:00.
2. Race commissaires have the right to terminate a rider if he/she has fallen too far behind the peloton or has not hit the deadline time to a check point. Terminated riders can either wait and be picked up by a team car or get picked up by the "Broom Wagon" vehicles.
3. In case of inclement weather conditions, the organizer may change the distance of the race. Any changes will be announced as soon as possible.

## 6. Team Vehicle Notice:

1. "2019 KOM TEAM CAR" stickers will be offered at the rider/team manager meeting on Oct. 24<sup>th</sup>.
2. Team vehicles must depart Qixingtian start line before 05:30 am to the designated two feed zone stations. After leaving feed zones, team cars must follow behind the Race Commissaire vehicle.
3. Team cars are prohibited from driving in between the peloton and/or driving amongst/alongside riders. Riders (and the team) with their team cars violating this regulation will



be disqualified. **\*\*NOTE:** Team cars are **NOT** allowed to provide “dynamic feeding” within the peloton or on any part of the race route except for the two designated feed zones.

4. Teams are requested to bring radios **ONLY** to listen to race information. Except for a serious incident, teams are not to communicate using the race event frequency. The race event frequency is 144.410MHz.
5. Riders needing maintenance/repair are to stop alongside the road and wait for their team car to arrive. Only under special circumstances, a race commissaire can modify this restriction during the race.
6. Team cars returning to Hualien (East-bound) from Kunyang only allowed to depart after 12:00.

## 7. Timing Chips:

1. Deposit for each timing chip is NT\$ 1,000 per individual. Deposit will be refunded after returned the timing chip at Kunyang parking lot.
2. Race results are based on the data from the timing chips. Riders who registered but fail to attend the race must return the time chips before the race starts.

## 8. Drug Testing:

There will be drug(doping) testing for the Men and Women category top 3 finishers, respectively. The drug test examiners will follow these 6 finishers until the drug test sample has been taken. The top 3 finishers of Men and Women category will not be allowed to leave Wuling finish line area until his/her sampling has been taken. Riders who do not follow this regulation will be immediately disqualified.

## 9. Insurance and Health Notice:

1. Liability insurance is offered for this race and only covers an accident caused by the organizer during the event. That means, according to Taiwan law, the insurance only covers the race or accident during the event that is caused by the organizer's mistake or remissness. Any personal health issues during the race or any riding injury caused by a personal health problem will not be covered by the insurance. Riders who have a personal health problem/issue should not attend this event. If riders wish to have increased or have additional insurance coverage, riders should purchase additional personal insurance to cover any risks during this event. For more details about the offered liability insurance, please check the insurance webpage (**click here**). The claim amount coverage is shown on the insurance webpage. Organizer will not offer any additional compensation other than what is stated by the insurance company. If riders do not agree with the terms of the insurance coverage, riders will not be allowed to race.
2. Local riders and foreigners with a Taiwan resident card should carry their Taiwan Health Insurance Card during the race. Foreign riders should carry an identification card and medical information card. If medical attention is required, carrying these forms of identification will assist in processing immediate/urgent care and insurance claims.
3. Any rider with health issues, or history of health issues such as hypertension, cardiovascular disease, heart disease, diabetes, epilepsy and/or asthma, are not advised to



participate in this event.

## 10. Media Rights and Permissions:

The organizer has the right to publish or share all videos, photos, race information and race results related to this event with media, internet, and various promotional venues. Attendees and riders must agree to the right of the organizer to use all materials for future event promotions and future advertising.