

2019 Cigna Tour of East Taiwan Cycling Series



2019 Cigna Tour of East Taiwan Cycling Series - 365 km Challenge

The 2019 Cigna Tour of East Taiwan Cycling Series - 365 km Challenge will be held on April 20th ~ 21st. The event will be held over two days in Eastern Taiwan. On Day 1, riders will ride along the Coastal Highway (No.11) and experience the amazing scenery of the Pacific Ocean from Hualien to Taitung.

On Day 2, participants will cycle along the No.9 highway to enjoy the landscapes of the East Rift Valley from Taitung back to Hualien. East Taiwan is the last remaining cycling paradise on the island due to the fact that it is neither highly urbanized nor industrialized. Partaking in this challenge ride, you will enjoy spectacular views of the ocean, mountains and the subtropical jungle along the way, and may even spot a monkey or two. We sincerely invite you to join us!

Directed by: HuaLien County Government, TaiTung County Government.

Organizer: Taiwan Cyclist Federation.

Title Sponsor:  **Cigna** 康健人壽

Date: Apr.20th ~ 21st, 2019 (Sat. ~ Sun.)

Event on-site Check-in:

Apr.19th, 14:00 – 16:00 at Astar Hotel HuaLien (No.6-1, MinChuan Rd., HuaLien City).

Event Briefing: Apr.19th, 16:00 at Conference Room – 1F at Astar Hotel HuaLien.

Route & Schedule:

- **Apr.20th : HuaLien –TaiTung via Taiwan No.11 highway(175km).Time allowance 11 hrs.**
 - 05:00~ Sign up & Luggage transportation check-in. (Astar Hotel HuaLien)
 - 06:00 Start: Astar Hotel HuaLien – HuaLien Bridge – NiouShan Tunnel – JiQi – ChangBin – Tulik – Taitung City.
 - 10:00 Lunch / BaXienTong parking lot (79kms from start.)
 - 17:00 Finish: Formosan Naruwan Hotel & Resort Taitung.

13:00~17:30 Luggage claim – at the hotel.

- **Apr.21st : TaiTung –HuaLien via Taiwan No.9 highway(172km). Time allowance 11 hrs.**

05:00~ Sign up & Luggage transportation check-in. (Naruwan Hotel & Resort)

06:00 Start: Naruwan Hotel & Resort– LuYeh – FuLi – WuHo – GuangFu – FengLin – No.11C - Astar Hotel HuaLien.

10:00~ Lunch / GuangFu Sugar Factory parking lot (126kms from start)

13:00~ Luggage claim – Astar Hotel.

17:00 Finish: Astar Hotel HuaLien.

(Freshening wash available at hotel parking lot.)

Rider Qualifications: Experienced riders able to cover long distances, over 150km a day.

Entry Fee: NT\$2,500 per person. **Entry Fee Covered:** Event shirt, event scarf, 2 finisher medals, Online finisher certificate, lunches, timing chip and number patch, feeding stations, basic insurance, luggage transportation and recovery vehicle service.

Optional order items of transportation, hotel reservation, and event souvenirs:

- Railroad transportation of 4/19 Taipei to HuaLien and 4/21 HuaLien to Taipei;
- Hotel rooms of 4/19 in HuaLien and 4/20 in TaiTung;
- Event jersey, event T-shirt.

These could also be ordered on the registration webpage.

Timing Chip Deposit:

NT\$1,000 per person (Deposit pre-paid in event registration. Refunded when returning the chip. NT\$1,000 fine for each chip lost.)

Categories: All types of bicycles

1. M 20 – Age 15 ~ 24 (1995 – 2004)
2. M 25 – Age 25 ~ 29 (1990 – 1994)
3. M 30 – Age 30 ~ 34 (1985 – 1989)
4. M 35 – Age 35 ~ 39 (1980 – 1984)
5. M 40 – Age 40 ~ 44 (1975 – 1979)
6. M 45 – Age 45 ~ 49 (1970 – 1974)
7. M 50 – Age 50 and above (~1969)
8. W 20 – Female Age 15 ~ 29 (1990 - 2004)
9. W 30 – Female Age 30 ~ 39 (1980 -1989)
10. W 40 – Female Age 40 and above (~1979)

Registration:

- **Online registration by visiting** www.cyclist.org.tw and clicking into the event registration page. Online registration ends on Mar.12th.
- **Payment:** Following the registration webpage instruction, you may proceed to the credit

card payment. For any order change, please kindly email us via service@cyclist.org.tw before Mar.19th. From Mar.20th on, any order change will NOT be acceptable.

- Event shirt design

2019 康健人壽環花東365挑戰 紀念衫

[樣式設計圖 男生款]



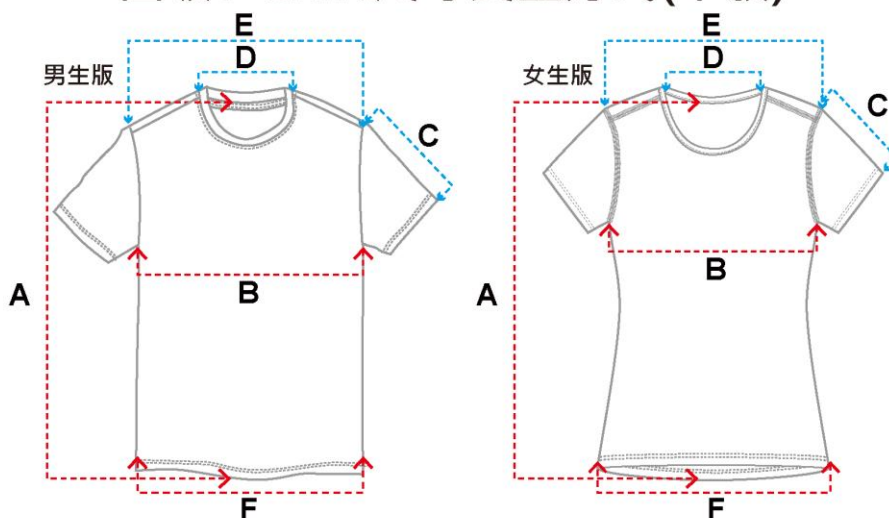
2019 康健人壽環花東365挑戰 紀念衫

[樣式設計圖 女生款]



- Event shirt _ Size chart

圓領T-Shirt尺寸丈量方式(平放)



若您未確定選擇何種尺碼，建議您嘗試測量您已擁有且適合您體型的圓領T-Shirt，然後將這些尺寸與下方的尺碼表進行比對。
 注意：本表內所有測量值皆為生產近似值；本尺寸表僅供參考，請依實際衣服為準。

測量部位	XS		S		M		L		XL		2XL	
	男	女	男	女	男	女	男	女	男	女	男	女
A 衣長-後領中至下擺	65	57	67	59	69	61	71	63	73	65	75	67
B 胸寬-左右腋下直量	45.5	45	48	47	50.5	49	53	51	55.5	53	58	55
C 袖長-肩點至袖口	19	15	20	16	21	17	22	18	23	19	24	20
D 領寬	15	18.5	16	19	17	19.5	18	20	19	20.5	20	21
E 肩寬	40	37	42	39	44	41	46	43	48	45	50	47
F 下擺寬	45.5	46	48	48	50.5	50	53	52	55.5	54	58	56

- Event Finish medal design (Day 1 and Day 2)

2019 康健人壽環花東365挑戰 紀念獎牌

[樣式設計圖]



康健人壽 環花東365挑戰 Cigna Tour of East Taiwan 365 Challenge	中華民國自行車騎士協會 Taiwan Cyclist Federation
康健人壽 環花東365挑戰 Cigna Tour of East Taiwan 365 Challenge	中華民國自行車騎士協會 Taiwan Cyclist Federation

2019 康健人壽 環花東365挑戰 大會車衣

[樣式設計圖]



- Event jersey design (Optional order)

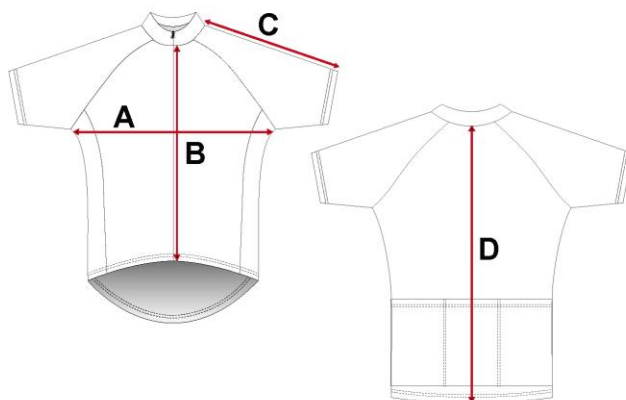
2019 康健人壽 環花東365挑戰 紀念車衣

[樣式設計圖]



● Event jersey (Optional order) _ Size chart

車衣尺寸丈量方式(平放)



若您未確定選擇何種尺碼，建議您嘗試測量您已擁有且適合您體型的車衣，然後將這些尺寸與下方的尺碼表進行比對。
注意：本表內所有測量值皆為生產近似值。

測量部位	尺寸 cm	XS	S	M	L	XL	2XL	3XL	4XL
A 胸寬-左右腋下直量		90	94	98	102	106	110	114	118
B 前衣長-前領中至下擺		55	57	59	61	63	65	67	69
C 袖長-肩點至袖口		31	32	33	34	35	36	37	38
D 後衣長-後領中至下擺		65	66	68	70	72	74	76	78

Rules and Regulations:

1. Riders are only permitted to ride bikes with full braking system, other rim brake or disc. The bicycle must be mounted with front and rear lighting for illumination when going through tunnels.
2. Riders must wear cycling jerseys and helmets at all time during riding.
3. Please make sure that your bike is properly maintained prior to the event and remember to bring your personal spare parts.
4. Please attach your event identification materials as shown below:

號碼識別 A: 安全帽貼紙x1張(貼於前額) B: 車架貼紙x1張(貼於車架上管) C: 成績感應晶片x1片(固定於車架前叉下方) D: 背包行李吊牌

A

B

D

※ 託運時領取

C

5. Riders must ride on the right side of road and follow traffic rules. Riding in the wrong direction/lane (left side) is prohibited.
6. There will be feeding stations every 25~45kms along the route. Riders should slow down and ride to the side of the road to approach the feeding zone to take feeding supplies.
7. Luggage claim:
 - Apr. 20th – Please receive your transported luggage at the Formosan Naruwan Hotel & Resort TaiTung.
 - Apr. 21st – Please receive your luggage at 1F at Astar Hotel HuaLien.
 - Please make sure each piece of your luggage has a clear and easy-to-read luggage tag for identifying your luggage.
 - Please hand over your luggage to the Luggage Transportation truck in time before you start the riding. Do NOT put valuables or fragile items in the luggage for transportation.
 - We recommend you bring just one piece of luggage for the event. Do not hand over the hard-shell bike box to the luggage truck.
8. The rider insurance of this event is Public Liability Insurance, in which any personal health problem during the event or any riding injury caused by personal health problem will not be included in this insurance. Riders are recommended to buy personal health and medical care insurance.
9. Participants will be covered with the Travel Insurance and the Public Liability Insurance. The Public Liability Insurance covers the accident only that Organizer is responsible for. Each participant should evaluate his/her own safety regarding personal health conditions when deciding whether to participate in his event. Participants should apply for extra personal insurance policy at his/her own cost when considering that the aforementioned insurance is insufficient. Please refer to the Insurance Policy Website for the coverage details of the [Travel Insurance](#) and the [Public Liability Insurance](#). The Organizer is only responsible for the indemnity amount with the maximum payment of claims per person as the insurance policy offers. Do not register the event if you do not agree with the coverage, items, indemnity amount of insurance policy.
10. According to the Insurance Law, riders under 15 years old would not be compensated with death indemnity under Life or Injury Insurance policy.
11. For the medical insurance needs, if any hospital medical treatment is caused by an event accident, keep all receipt and diagnosis certificates (issued by a doctor) and give these later to the Taiwan Cyclist Federation for insurance payment application needs.
12. This event is a physically challenging ride. Riders who have hypertension, cardiopathy, asthma, cardiovascular diseases, diabetes, epileptoid, are not recommended to join this event.

13. The Organizer has the right to stop riders to continue riding depending on the rider's health condition at any time before or during the event.
14. Riders with time chips installed must pass the time recording zone at the Start Point and at the Finish Point for official time records.
15. Depending on the weather or any natural disaster, the Organizer has the right to stop or cancel the event, with regards to concern for rider safety.
16. Riders shall not dispose of any rubbish throughout the route and event area.
17. The Organizer has the right to use any reports/articles and images of the event for promotional purposes.
18. Please watch for any information updates with regards to this event, which will be announced on the T.C.F. website: www.cyclist.org.tw & Facebook fans page: www.facebook.com/tcf1999.

Contact: Taiwan Cyclist Federation

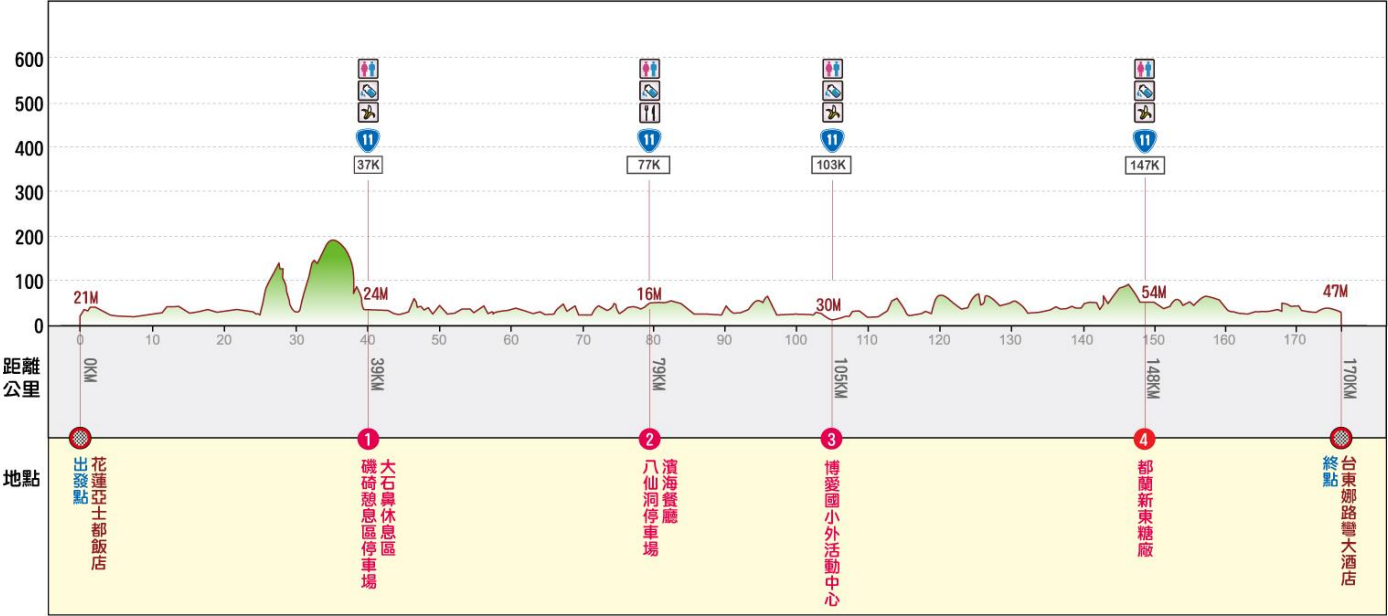
Tel : +886-2-8919-3595 Fax : +886-2-8919-3311 E-Mail : service@cyclist.org.tw

Website: www.cyclist.org.tw Address: 1F., No.17, Lane 100, ChungXing Road Section 2., Xindian Dist., XinBei City 231, Taiwan (R.O.C.)

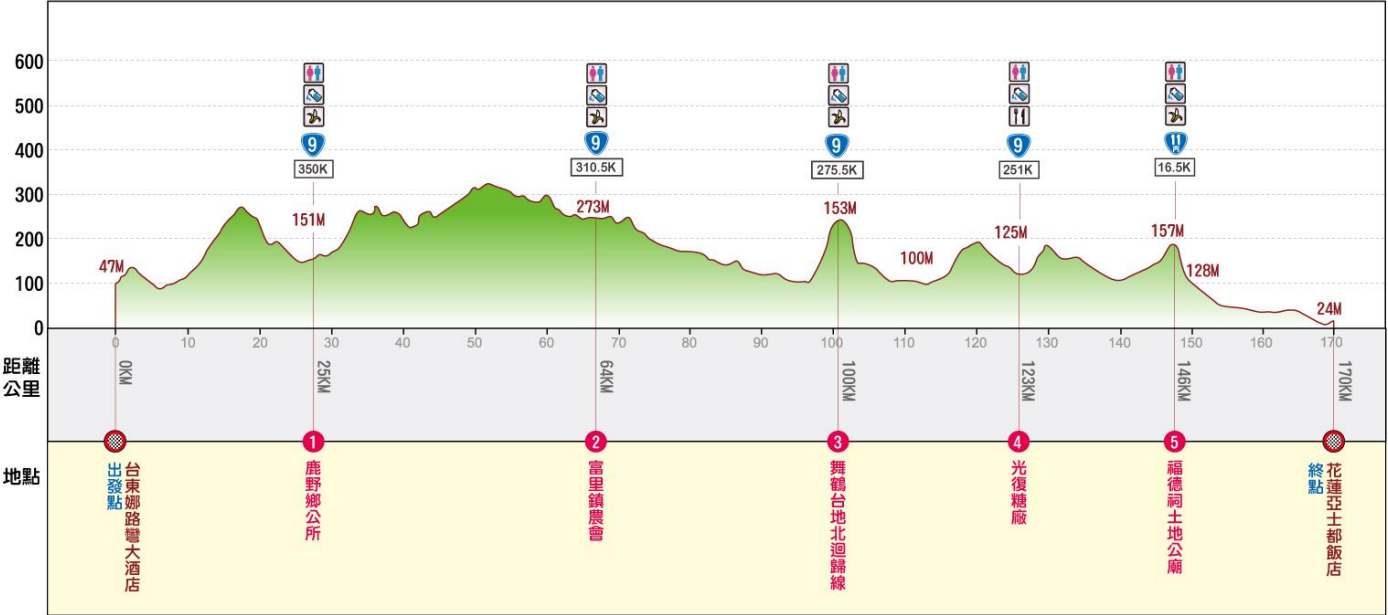
Remark: the design is for reference and subject to change.

● Event Route information:

第一日：4/20 (六)



第二日：4/21 (日)





Feeding Station schedule

Apr.20 th (Sat.) Astar Hotel Hualien—Formosan Naruwan Hotel & Resort Taitung							
Time	Feeding Station	Location	Accu. dist.	Elevation	Est. 1 st arrival	Closing Time	Single-stage dist.
AM05 : 00	Astar Hotel Hualien	Luggage transportation. Warm-up.	--	--	--	--	--
AM06 : 00	Astar Hotel Hualien	Event start.	0	--	--	--	--
	1. JiQi beach parking lot	Route 11-37K	39	24	AM07 : 30	AM09 : 00	39
	2. Lunch at restaurant of BaXienTong Parking lot	Route 11-77K	79	12	AM09 : 12	PM10 : 30	40
	3. Road side of PoAi School	Route 11-103K	105	7	AM10 : 13	PM13 : 00	26
	4. XinDong Sugar factory at DuLan	Route 11-147K	148	35	PM11 : 50	PM15 : 30	43
	Finish – Formosan Naruwan Hotel & Resort Taitung	Finish Medal. Luggage claim.	170	47	PM12 : 50	PM17 : 00	22
Day 1 distance : 170km			Estimated riding time : 7~11 hours				

Apr.21st (Sun.) Formosan Naruwan Hotel & Resort Taitung—Astar Hotel Hualien

Time	Feeding Station	Location	Accu. dist.	Elevation	Est. 1st arrival	Closing Time	Single-stage dist.
AM05 : 00	Formosan Naruwan Hotel & Resort Taitung	Luggage transportation. Warm-up.	--	47	--	--	--
AM06 : 00	Formosan Naruwan Hotel & Resort	Event start	0	47	--	--	--
	1. LuYeh District Office	Route 9-350K	27	--	AM07 : 00	AM08 : 00	27
	2. FuLi Agriculture association	Route 9-310.5K	67	213	AM08 : 20	AM10 : 00	40
	3. WuHo Tableland (Tropic of Cancer)	Route 9-275.5K	102	219	AM09 : 50	AM11 : 30	35
	4. Lunch at KwangFu Sugar factory	Route 9-251K	126	--	AM11 : 00	PM13 : 30	24
	5. Land Temple	Route 11C-16.5K	149	96	PM11 : 50	PM15 : 30	23
	Astar Hotel Hualien	Finish medal. Luggage claim.	170	--	PM 12 : 50	PM 17 : 00	21
Day 2 distance : 170km			Estimated riding time : 7-11 hours				