

# 2018 Taiwan Cycling Festival - Taiwan KOM Challenge

# 2018 Taiwan KOM Challenge

## **Pre-Race Notice**

## 1. Event Schedule:

### Oct. 23<sup>rd</sup> (Tuesday)

14:00 – 15:00: Taipei International Press Conference at the Ministry of Transportation and Communications (MOTC).

### Oct. 24<sup>th</sup> (Wednesday)

07:30 – 11:00: The warm-up ride – 2018 Yaming Mountain Challenge.

### Oct. 25th (Thursday)

13:00 – 18:00: Teams and riders check-in at the Hualien Parkview Hotel.(Race bib x2, bike number plate x1, day bag x1, event souvenirs, luggage stickers.)

15:00: Welcome Party and Riders Meeting at the Parkview Hotel Hualien. Team car stickers.

### Oct. 26th (Friday)

05:00: Riders gathering and check in their day bags at Qixingtan start line.

05:35: Race safety briefing.

05:40: Opening Ceremony.

06:00: RACE START TIME.

09:45: First rider ETA to the Wuling finish line.

Riders arriving Wuling, taking finisher medal, taking day bags back.

10:30: Men and Women top 6 – award giving, photo shooting and short interview at Wuling.

11:30: All categories on-site award ceremony at Kunyang parking. Lunch. Chip return. Certificate.

13:00: Wuling finish line closed. Downhill transportation start.

18:00: Riders' dinner\_ Parkview Hotel Hualien.







## 2. Rider Identification, Race Route and Categorization

### A. Bib and Number Identification:

- 1. Affix your two race numbers on the lower back of jersey as shown. Bike number plate attached under top tube.
- 2. Attach your timing chip on the lower portion of FRONT fork as shown.
- 3. Number sticker attached on the day bag, with rider's phone number on it.



### B. Race Route

**Route**: Hualien Qixingtan  $\rightarrow$  Taroko Bridge  $\rightarrow$  Route 8  $\rightarrow$  Tianxiang  $\rightarrow$  Xinbaiyang  $\rightarrow$  Bilu Sacred Tree  $\rightarrow$  Guanyuan Gas Station  $\rightarrow$  Dayuling  $\rightarrow$  Route 14A  $\rightarrow$  Hehuan Mountain/Wuling. Total Distance: 105km, Altitude: 3275 meters.

## C. Rider Categorization

Elite: 19 years old and above (born before 1999)

M16: 16-19 years old (born 1999-2002)

M20: 20-29 years old (1988-1998) M30: 30-39 years old (1978-1988) M40: 40-49 years old (1968-1978)

M50: 50 years old and above (born before 1968) Women: 16 years old and above (born before 2002)







## 3. Race Regulations:

- 1. Race rules are referred from UCI regulations, and organizer may add additional rules due to safety concerns and safety requirements.
- 2. All riders must ride standard road bikes with a "down curved" handle bar. No power assist allowed.
- 3. Riders must affix front and rear lights and MUST remain mounted during the entire race for use through tunnels and possible foggy conditions.
- 4. Riders must wear helmet, gloves, standard cycling jersey, have water bottles and supplements, and recommended carrying a windbreaker for possible inclement weather conditions.
- 5. Appeals must be filed within 20 minutes at the end of the race, along with a NT\$1000 deposit.
- 6. Violations to the regulations and/or commissaries' instructions may result in disqualification.

# 4. Feed Zones & Maintenance/Repair Regulations:

- 1. Riders are recommended to carry proper supplements to deal with high attitude conditions.
- 2. Official feed zones and maintenance/repair locations:
  - \*Xibao: water, sports drink.
  - \*Xinbaiyang: water, sports drink, bananas.
  - \*Bilu Sacred Tree: water, sports drink, bananas, bread.
  - \*Guanyuan Gas Station: water, sports drink, bananas.
  - \*Wuling: Hot drinks.
  - \*Kunyang: Lunch hot food.
- 3. Only team cars identified with "2018 KOM TEAM CAR" stickers are authorized to follow behind race commissaire vehicles. The stickers could be available at the team manager meeting on 10/25th 15:00.
- 4. At the start of the race, all team cars will follow behind Race Commissaire vehicle.
- 5. All team cars have to follow instructions from race commissaries at all time.
- 6. Team cars must depart Hualien start line before 05:30 and go to the designated two feed zone stations. After leaving feed zones, team cars are not allowed to drive between and through riders, team cars can only depart feed zones after Race Commissaire vehicle has passed the feed zone, and then must follow behind Race Commissaire vehicle.
- 7. Team cars are only allowed to feed riders at two feed zones: <u>Bilu Sacred Tree</u> and <u>Guanyuan Gas Station</u>. \*\*NOTE: Team cars are NOT allowed to provide "dynamic feeding" within the peloton or on any part of the race route. Any team car violating this regulation will result in disqualifying







their rider(s).

- 8. When entering feed zones, riders are required to slow down or stop in order to maintain a safe exchange of supplements and water.
- 9. In case of inclement weather conditions, there are warming buses located at: Xinbaiyang, Bilu, Guanyuan Gas Station, Dayuling and Wuling finish line.
- 10. Race organizer provides neutral support of 10-speed or 11-speed Shimano wheel sets.
- 11. Once mechanical problems occur on the rider(s) falling behind, his/her team car has to take care of it.

## 5. General Notice:

### A. Pre-Race Information

- 1. Due to high altitude and long distance of this race, riders are reminded to consider their reaction to altitude sickness; as well, at the finish line area at Wuling, there is a high possibility of cold temperatures (0°C), riders are recommended to wear and carry proper clothing in case of inclement weather conditions during the race.
- 2. All riders <u>MUST</u> to put a change of dry clothing and <u>WARM</u> clothing in their day-bags.

  Day-bag check-in is from 05:00 am to 05:30 am at the starting line area. Day-bags will be transported to Wuling.
- 3. The organizer's luggage transportation vehicles only carry day bags. Big luggage/bike box is not allowed. Big luggage/bike box of the "pre-booked Bus B downhill transportation" passengers will be carried by organizer vehicles 04:00 at the event hotels.
- 4. Falling rocks are a hazard in the Taroko Gorge and along the entire route. Riders should be aware of these risks when deciding whether participating in this event or not.
- 5. Riders are required to prepare rain vests if rainy weather is forecasted.
- 6. Maintenance parts, accessories and event souvenirs are available at the event check-in helpdesk.

### B. Intra-Race Information

- 1. Riders are to use the right lane of the road, and NOT use the on-coming lane. Riders are NOT allowed to pass the centerline of the road along the route and on downhill turns.
- 2. If riders experience altitude sickness and/or severe cramping, riders should immediately stop and rest, and seek medical attention immediately. Riders are reminded not to







overexert themselves and be cautious to the reaction of high altitude sickness.

3. Please be aware of the environment and do NOT throw trash on the side of the road.

#### C. Post-Race Information

- 1. Awardees are requested to attend the award ceremony in Kunyang parking lot. If an awardee is not present at the award ceremony, awards will not be delivered afterwards.
- 2. Team cars are not allowed to park at the Wuling finish line area. Team cars are to wait at the Kunyang parking lot. East-bound post-race team cars are suggested to park at the Hehuan mountain parking lot.
- 3. First 3 finishers have to take doping test immediately.
- 4. Riders arriving finish line please receive finishers medal, pick up day-bags, then proceed to Kunyang parking lot to turn-in timing-chip, receive lunch meal, and to meet up with team cars or shuttle buses. All categories' award ceremony will be in Kunyang parking. Riders using organizer's neutral support wheels in the event please exchange back at Kunyang.
- 5. Team cars returning to Hualien (east bound) are allowed to depart at 13:00 pm after the finish line closes.
- 6. This event strictly prohibits participants from cycling down from Wuling back to Hualien or onto Puli. The organizer is not responsible for any accident after participants cross the finish line. Riders must use team cars or other support vehicles to return to Hualien or onward to Puli.

## 6. Check Point Times and Rider Termination:

- 1. Race check points are Bilu Sacred Tree 11:00 am, Dayuling 12:00 pm, and Wuling 13:00 pm.
- 2. Race commissaires have the right to terminate a rider if he/she has fallen too far behind the peloton or has not hit the allotted time to a check point. Terminated riders can either wait and be picked up by a team car or get picked up by the "Broom Wagon" vehicle.
- 3. In case of inclement weather conditions, the organizer may change the distance of the race. Any changes will be announced as soon as possible.

## 7. Team Vehicle Notice:

- 1. "2018 KOM TEAM CAR" stickers will be offered at the rider/team manager meeting on Oct. 25th.
- 2. cars must depart Qixingtan start line before 05:30 am to the designated two feed zone stations. After leaving feed zones, team cars have to follow behind the Race Commissaire vehicle.
- 3. Team cars are prohibited entering into the peloton and/or drive amongst/along side riders. Riders







(and the team) with their team cars violating this regulation will be disqualified. \*\*NOTE: Team cars are NOT allowed to provide "dynamic feeding" within the peloton or on any part of the race route except for the two designated feed zones.

- 4. Teams are requested to bring radios to listen to race information. Except for a serious incident, teams are not to communicate using the race event frequency. The race event frequency is 144.410MHz.
- 5. Riders needing maintenance/repair are to stop along side the road and wait for their team car to arrive. Only under special circumstances, a race commissaire can modify this restriction during the race.

# 8. Timing Chips:

- 1. Deposit for each timing chip is NT\$ 1,000 per individual. Deposit will be refunded upon turn-in.
- 2. Race results are based on the data from the timing chips. Riders who registered but fail to attend the race must return the time chips before the race starts.
- 3. Chips not able to be returned in the event have to be mailed to the organizer. Mailing address: 1F, No.17, LN100, ChungXing Road Section 2, Xinbei City, Taiwan, R.O.C.

## 9. Drug Testing:

There will be drug(doping) testing for the Men and Women category top 3 finishers, respectively. The drug test examiners will follow these 6 finishers until the drug test sample has been taken. The top 3 finishers of Men and Women category will not be allowed to leave Wuling finish line area until the sample has been taken. Riders who do not follow this regulation will be immediately disqualified.

## 10. Insurance and Health Notice:

1. Liability insurance is offered for this race and only covers an accident caused by the organizer during the event. That means, according to Taiwan law, the insurance only covers the race or accident during the event that is caused by the organizer's mistake or remissness. Any personal health issues during the race or any riding injury caused by a personal health problem will not be covered by the insurance. Riders who have a personal health problem/issue should not attend this event. If riders wish to have increased or have additional insurance coverage, riders should purchase additional personal insurance to cover any risks during this event. For more details about the offered liability insurance, please check the insurance webpage. The claim amount coverage is shown on the insurance webpage. Organizer will not offer any additional







compensation other than what is stated by the insurance company. If riders do not agree with the terms of the insurance coverage, riders will not be allowed to race.

- 2. Local riders and foreigners with a Taiwan resident card should carry their Taiwan Health Insurance Card during the race. Foreign riders should carry an identification card and medical information card. If medical attention is required, carrying these forms of identification will assist in processing immediate/urgent care and insurance claims.
- 3. Any rider with health issues, or history of health issues such as hypertension, cardiovascular disease, heart disease, diabetes, epilepsy and/or asthma, are not advised to participate in this event.

# 11. Media Rights and Permissions:

The organizer has the right to publish or share all videos, photos, race information and race results related to this event with media, internet, and various promotional venues. Attendees and riders must agree to the right of the organizer to use all materials for future promotions and future advertising.

# 12. Booking-Transportation and hotel

1. October 25th Taipei to Hualien:

Oct.25th (Thu.) 10:00 Taipei to HuaLien: This bus will depart from the WEST 3 Exit of the Taipei Main Station, with its destination of Parkview Hotel Hualien. The estimated travel time is 4~4.5 hours. This service is only for entrants with prior booking. Please make your bike well packaged in a bike bag/box before departure.

2. Downhill transportation:

Oct.26th (Fri.) Downhill transportation (departing from Kunyang parking lot from 13:00)

- I. For riders taking this bus A, please do NOT hand over your big luggage/bike box at Qixingtan start.
- II. Bus B (West bound, Kunyang to Puli/ HSR Taichung Station/ TPE Taoyuan airport MRT station/ Taipei Main Station)
- 3. Oct.27th Hualien to Taipei:

Oct.27th (Sat.) 09:00 Parkview Hotel Hualien to Taipei Main Station. The estimated travel time is  $4^{-4.5}$  hours. This service is only for entrants with prior booking.







#### 4. Hotel accommodation:

- Hotel check-in: after 15:00. Check-out: before 12:00. Please make sure you return the room key at check out.
- Starting from 04:00 on Oct.26th (race day) morning, the Organizer provides a service carrying big luggage/ bike box of those entrants who have already booked the "Bus B downhill transportation". Upon the ride finish, please take the big luggage/ bike box back at Kunyang parking lot and then go for the Bus B. Also please make you luggage sticker clearly identifiable when handing over the luggage/ bike box. Entrants without booking Bus B please do NOT hand over luggage here.

### 5. KOM Spectator Tour:

On 05:00 Oct.26th a pick-up service starts from Parkview Hotel and Astar Hotel to arrive the Qixingtan start line. Spectator Tour vehicles depart Qixingtan on 05:50 with the destination of Wuling parking, and will take short stops mid way at the Bilu Sacred Tree feeding station, and the Guanyuan feeding station (rice balls and light food offered here) for event watching. Spectators may stay at Wuling for a while, and take a 2-km downhill walk to Kunyang parking lot, where the post-event procedure, lunch and the Tour vehicles are at.



